

What Your Doctor May Not Tell You About(TM): Parkinson's Disease: A Holistic Program for Optimal Wellness (What Your Doctor May Not Tell You About...(Paperback))

By Jill Marjama-Lyons, Mary J. Shomon



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As well as explaining the mechanisms behind Parkinson's and providing detailed information on its symptoms, diagnosis and conventional treatments, this book includes information on groundbreaking alternative treatments such Dr Perlmutter's glutathione therapy using non-prescription supplements.

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Editorial Review

From Publishers Weekly

The latest in the "What Your Doctor May Not Tell You" series-which currently includes guides on Fibromyalgia, Knee Pain and Surgery, and Migraines-this book works as a resource for those who suspect they may have Parkinson's, for those seeking treatment, and for those choosing among conventional and alternative treatments. Marjama-Lyons is a neurologist and former director of the Parkinson Center at the University of Florida; Shomon has no medical degree, but is the author of Living Well with Hyperthyroidism and Living Well with Autoimmune Disease. Together, they begin with "Signs, Symptoms, and Diagnosis," where they define the disease (called the shaking palsy in the early 19th century by James Parkinson), and run through what is known about its causes, mechanisms, risk factors and early indicators. The authors then carefully walk readers through diagnosis, treatments, care and "Future Directions" for combating the disease. There are first-person patient testimony and sidebar notes from "Dr. Jill" throughout, and appendices of references and state-by-state resources. The tone is calm, capable and reassuring. Copyright 2003 Reed Business Information, Inc.

Review

'Gives you the information you need to take charge of your health and get the best care possible.' = Marie Savard, MD, author HOW TO SAVE YOUR OWN LIFE

About the Author

Dr. Marjama-Lyons lives in Florida Mary J. Shomon has 20 years experience in writing, editing and communications. She lives in Maryland.

Users Review

From reader reviews:

Derek Morton:

Do you one of people who can't read satisfying if the sentence chained in the straightway, hold on guys that aren't like that. This What Your Doctor May Not Tell You About(TM): Parkinson's Disease: A Holistic Program for Optimal Wellness (What Your Doctor May Not Tell You About...(Paperback)) book is readable simply by you who hate the perfect word style. You will find the information here are arrange for enjoyable looking at experience without leaving even decrease the knowledge that want to supply to you. The writer connected with What Your Doctor May Not Tell You About(TM): Parkinson's Disease: A Holistic Program for Optimal Wellness (What Your Doctor May Not Tell You About...(Paperback)) content conveys the thought easily to understand by a lot of people. The printed and e-book are not different in the information but it just different in the form of it. So, do you even now thinking What Your Doctor May Not Tell You About(TM): Parkinson's Disease: A Holistic Program for Optimal Wellness (What Your Doctor May Not Tell You About...(Paperback)) is not loveable to be your top list reading book?

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