



Love, Freedom, and Aloneness: A New Vision of Relating

By Osho

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Love, Freedom, and Aloneness: A New Vision of Relating By Osho

In today's world, freedom is our basic condition, and until we learn to live with that freedom, and learn to live by ourselves and with ourselves, we are denying ourselves the possibility of finding love and happiness with someone else.

Love can only happen through freedom and in conjunction with a deep respect for ourselves and the other. Is it possible to be alone and not lonely? Where are the boundaries that define "lust" versus "love"...and can lust ever grow into love? In *Love, Freedom, Aloneness* you will find unique, radical, and intelligent perspectives on these and other essential questions. In our post-ideological world, where old moralities are out of date, we have a golden opportunity to redefine and revitalize the very foundations of our lives. We have the chance to start afresh with ourselves, our relationships to others, and to find fulfillment and success for the individual and for society as a whole.

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Editorial Review

From Publishers Weekly

The first few chapters of self-styled guru Osho's spiritual insights on love, sex and meditation are infused with an idiosyncratic but reasonably mainstream flavor. As the book progresses, however, Osho's teachings veer sharply away from conventional spirituality. In a chapter entitled "It Takes a Village," Osho envisions a future in which communes replace the family, calling this "the most revolutionary step in human history." While Osho and the Osho Commune International are briefly profiled in endnotes, nowhere is it revealed that Osho was the Bhagwan Rajneesh the charismatic cult leader who fled the United States in 1987 and died in India three years later. Read in light of this knowledge, the book takes on a foreboding aspect. In view of the sexual practices at the Rajneeshi commune in Oregon, passages such as "Love always melts the self.... You love a woman, and at least in those few moments when there is real love for the woman, there is no self in you, no ego" seem rife with dangerous latencies. Also disconcerting is the knowledge that this collection has not been updated with Osho's later views, including the more conservative statements on sexuality that marked his much-scrutinized last years. Given the author's identity, readers might be tempted to dismiss these teachings as cult brainwashing and avoid them altogether, but there is much here to be taken seriously.

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From [Booklist](#)

These thoughts on love, sex, marriage, relationships, freedom, and enlightenment come from transcripts of the late teacher's lectures and question-and-answer sessions, and their casual, conversational tone makes them easy to read. Osho stresses the need for self-love, the effect of meditation on one's ability to love, the origins of jealousy, the social conditioning that shapes one's relationships, the reasons relationships often fail, and the difference between love and lust. He makes his points emphatically, often using humor to illustrate his thoughts. "I teach self-love," he says. "But remember, self-love does not mean egotistical pride, not at all. In fact it means just the opposite. The person who loves himself finds that there is no self in him. Love always melts the self--that is one of the alchemical secrets to be learned, understood, experienced." Regardless of one's feelings about Osho, who was controversial as a "sex guru," there is plenty of food for thought in his musings. *Bonnie Johnston*

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About the Author

Osho is one of the best-known and most provocative spiritual teachers of our time. Beginning in the 1970s, he captured the attention of young people in the West who wanted to experience meditation and transformation. More than a decade after his death in 1990, the influence of his teachings continues to expand, reaching seekers of all ages in virtually every country of the world.

Users Review

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