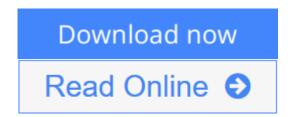


## **Choosing Health (2nd Edition)**

By April Lynch, Barry Elmore, Jerome Kotecki



Choosing Health (2nd Edition) By April Lynch, Barry Elmore, Jerome Kotecki

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#### **Editorial Review**

About the Author

April Lynch is an award-winning author and journalist who specializes in health, science, and genetics. During her tenure with the *San Jose Mercury News*, the leading newspaper of Silicon Valley, she served as the Science and Health editor, focusing the paper's coverage on personal health and disease prevention. She has also worked as a writer and editor for the *San Francisco Chronicle*. April has written numerous articles on personal health, medical and scientific advances, consumer issues, and the ways that scientific breakthroughs are redefining our understanding of health. She has been a frequent contributor to leading university textbooks covering applied biology, nutrition, and environmental health and science. Together with a leading genetic counselor, April is the co-author of the *Genome Book*, a hands-on guide to using genetic information in personal health decisions. Her work has won numerous awards from organizations such as the Society of Professional Journalists, the California Newspaper Publishers Association, and the Associated Press. Her current interests include a focus on how people receive and interact with health information online. She lives in San Francisco with her husband and children.

**Barry Elmore** obtained a BS from Mount Olive College and an MA in Health Education at East Carolina University, where he was a merit scholar. Barry has extensive experience in the field of community health with particular focus on sexually transmitted diseases. He served as the Executive Director of the Pitt County AIDS Service Organization, the third largest AIDS Service Organization in North Carolina, before beginning his teach career and worked as a health educator in the non-profit sector for nearly 20 years. He is a member of the American Public Health Association (APHA), the society for Public Health Education (SOPHE), and the North Carolina Association for Research in Education (NCARE), Barry has been recognized for outstanding teaching by his department, college, and university.

Tanya Morgan is an Associate Professor and Masters of Public Health Program Director for Health Care Management at West Chester University. She received her Ph.D. in Health Policy and Administration from the University of North Carolina at Chapel Hill. Tanya has traveled around the world to teach and consult in locations as diverse as Oxford University, England; Guizhou University, China; and La Paz, Bolivia. In addition to her global interests, Tanya's research focuses on underserved populations, women's health issues, and health care access. In honor of her research efforts, Tanya was awarded the Southern Academy of Women in Physical Activity, Sport, and Health (SAWPASH) Young Scholars Award. She is actively involved in health advocacy and currently serves as chairperson for the Society for Public Health Education (SOPHE) Health Advocacy Committee and is a member of the Health Promotion Advocates Grassroots Committee. Tanya's interaction with her students in the classroom continually encourages her work. It is her desire that this textbook will help motivate the health behavior change that will increase the longevity of the millennial generation.

#### **Users Review**

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#### Sally Staten:

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information that may give you benefit in your life. Using book everyone in this world can certainly share their idea. Guides can also inspire a lot of people. Plenty of author can inspire all their reader with their story as well as their experience. Not only the storyline that share in the guides. But also they write about advantage about something that you need example. How to get the good score toefl, or how to teach your young ones, there are many kinds of book that exist now. The authors on this planet always try to improve their expertise in writing, they also doing some study before they write to their book. One of them is this Choosing Health (2nd Edition).

#### **Nelson Wyatt:**

Reading can called thoughts hangout, why? Because when you find yourself reading a book mainly book entitled Choosing Health (2nd Edition) your head will drift away trough every dimension, wandering in each aspect that maybe unfamiliar for but surely will end up your mind friends. Imaging each word written in a reserve then become one application form conclusion and explanation in which maybe you never get just before. The Choosing Health (2nd Edition) giving you a different experience more than blown away your head but also giving you useful details for your better life with this era. So now let us explain to you the relaxing pattern this is your body and mind are going to be pleased when you are finished reading through it, like winning a casino game. Do you want to try this extraordinary wasting spare time activity?

#### **Helen Williams:**

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