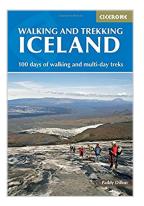
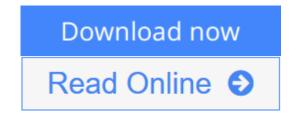
# Walking and Trekking in Iceland



By Paddy Dillon



#### Walking and Trekking in Iceland By Paddy Dillon

This hiking and trekking guidebook offers a total of 49 day hikes and 10 multistage treks set right across the magnificent country of Iceland. With three national parks including the mighty Vatnajökull, it is a country of incredible beauty, and its capital, Reykjavík, is an established and easy-to-get-to destination. Including popular, such as the classic Laugavegur Trail from Landmannalaugar to Þórsmörk, as well as lesser-known trails, the guide is split into 12 sections that cover all the best hikking and trekking to be had in and around Iceland's amazing and awe-inspiring volcanic, glacial landscapes. The routes range in difficulty from easy walks to challenging treks and give readers all the information they need to experience this wonderfully unique destination on foot. Venturing inland to the remote interior and captivating ice caps, and across glaciers, past lakes and around coastlines and geothermal areas, Paddy Dillon's guide to this 'Land of Ice and Fire' encourages visitors to explore all that Iceland has to offer, and will inspire lovers of the great outdoors to return time and time again. The guide gives lots of tips for travellers on a budget as well as details on public transport and accommodation.

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