



The Wisdom of the Enneagram: The Complete Guide to Psychological and Spiritual Growth for the Nine Personality Types

By Don Richard Riso, Russ Hudson

Download now

Read Online →

The Wisdom of the Enneagram: The Complete Guide to Psychological and Spiritual Growth for the Nine Personality Types By Don Richard Riso, Russ Hudson

The first definitive guide to using the wisdom of the enneagram for spiritual and psychological growth

The ancient symbol of the Enneagram has become one of today's most popular systems for self-understanding, based on nine distinct personality types. Now, two of the world's foremost Enneagram authorities introduce a powerful new way to use the Enneagram as a tool for personal transformation and development. Whatever your spiritual background, the Enneagram shows how you can overcome your inner barriers, realize your unique gifts and strengths, and discover your deepest direction in life.

The Wisdom of the Enneagram includes:

- Two highly accurate questionnaires for determining your type
- Vivid individual profiles focused on maximizing each type's potential and minimizing predictable pitfalls
- Spiritual Jump Starts, Wake-Up Calls, and Red Flags for each type
- Dozens of individualized exercises and practical strategies for letting go of troublesome habits, improving relationships, and increasing inner freedom
- Revealing insights into the deepest motivations, fears, and desires of each type

Highly accessible, yet filled with sophisticated concepts and techniques found nowhere else, **The Wisdom of the Enneagram** is a strikingly new fusion of psychology and spirituality. It offers an exciting vision of human possibility and a clear map of the nine paths to our highest self-expression.

 [**Download** The Wisdom of the Enneagram: The Complete Guide to ...pdf](#)

 [**Read Online** The Wisdom of the Enneagram: The Complete Guide ...pdf](#)

The Wisdom of the Enneagram: The Complete Guide to Psychological and Spiritual Growth for the Nine Personality Types

By Don Richard Riso, Russ Hudson

The Wisdom of the Enneagram: The Complete Guide to Psychological and Spiritual Growth for the Nine Personality Types By Don Richard Riso, Russ Hudson

The first definitive guide to using the wisdom of the enneagram for spiritual and psychological growth

The ancient symbol of the Enneagram has become one of today's most popular systems for self-understanding, based on nine distinct personality types. Now, two of the world's foremost Enneagram authorities introduce a powerful new way to use the Enneagram as a tool for personal transformation and development. Whatever your spiritual background, the Enneagram shows how you can overcome your inner barriers, realize your unique gifts and strengths, and discover your deepest direction in life.

The Wisdom of the Enneagram includes:

Two highly accurate questionnaires for determining your type
Vivid individual profiles focused on maximizing each type's potential and minimizing predictable pitfalls
Spiritual Jump Starts, Wake-Up Calls, and Red Flags for each type
Dozens of individualized exercises and practical strategies for letting go of troublesome habits, improving relationships, and increasing inner freedom
Revealing insights into the deepest motivations, fears, and desires of each type

Highly accessible, yet filled with sophisticated concepts and techniques found nowhere else, **The Wisdom of the Enneagram** is a strikingly new fusion of psychology and spirituality. It offers an exciting vision of human possibility and a clear map of the nine paths to our highest self-expression.

The Wisdom of the Enneagram: The Complete Guide to Psychological and Spiritual Growth for the Nine Personality Types By Don Richard Riso, Russ Hudson Bibliography

- Sales Rank: #1707 in Books
- Brand: Bantam
- Published on: 1999-06-15
- Released on: 1999-06-15
- Original language: English
- Number of items: 1
- Dimensions: 9.20" h x 1.00" w x 7.40" l, 1.20 pounds
- Binding: Paperback
- 400 pages

 **Download** [The Wisdom of the Enneagram: The Complete Guide to ...pdf](#)

 **Read Online** [The Wisdom of the Enneagram: The Complete Guide ...pdf](#)

Download and Read Free Online The Wisdom of the Enneagram: The Complete Guide to Psychological and Spiritual Growth for the Nine Personality Types By Don Richard Riso, Russ Hudson

Editorial Review

Amazon.com Review

Recommended by two highly credible authorities, consciousness explorer Ken Wilber and spiritual-growth guru Harville Hendrix, this compendium of Enneagram information was assembled by the cofounders of the Enneagram Institute as an introduction to the subject. Designed with a plenitude of charts, boxes, and quotes (by noted illuminaries such as A.H. Almaas, Maya Angelou, and G.I. Gurdjieff), this exceptionally easy-to-use, manual-size paperback teaches the reader how to figure out which of the nine types she is, identifies red flags to self-illusion, and provides practical suggestions for spiritual growth. Advice on how to observe your type's fixations and let go of the need to act out automatic and dysfunctional behavioral responses are down-to-earth and attainable. A distinctly accessible approach to cultivating daily happiness through understanding the complexity of fixations that weave together human personality types. --*Randall Cohan*

Review

"**The Wisdom of the Enneagram** is a very important book. By combining the horizontal types of the Enneagram with a system of vertical levels of awareness, Riso and Hudson have produced one of the first truly integrated models of the human psyche. In addition to the importance of this pioneering work itself, it goes to point up the utter inadequacy of anything less than a full-spectrum model of human growth and development. Highly recommended."

--Ken Wilber, author of **The Marriage of Sense and Soul**

"I highly recommend this book, not only to anyone on the path of personal transformation, but to anyone who wants to understand the complex inner world of others, whether a spouse, family member co-worker or friend. The questionnaires were fun and illuminating. I received some very helpful information about myself, felt challenged to grow and experienced a deepening of compassion. Perhaps the most profound contribution of **The Wisdom of the Enneagram** is reflected in the word "Wisdom." The authors clearly communicate the complexity of human nature, the spiritual yearning resonant in all of us, and the ascending levels of our possibility. But they do not leave us there. They offer a clear path for personal and spiritual evolution."

--Harville Hendrix, Ph.D., author of **Getting the Love You Want**

"Don Riso and Russ Hudson thoughtfully engage the richness and depth of the Enneagram, and conjure with its power as a tool of transformation. **The Wisdom of the Enneagram** is filled with its own wisdom and depth. You'll find yourself returning to it over and over again and discovering new treasures."

--Tony Schwartz, author of **What Really Matters**

"**The Wisdom of the Enneagram** is not only a clear and comprehensive description and discussion of this ancient personality typology, but also a major and original contribution to its use and further development. Don Riso and Russ Hudson have designed simple practical guidelines and tests that make it possible to determine one's own personality type and use this knowledge for healing and psychospiritual transformation."

--Stanislav Grof, M.D., author of **The Adventure of Self-Discovery**

From the Inside Flap

The first definitive guide to using the wisdom of the enneagram for spiritual and psychological growth
The ancient symbol of the Enneagram has become one of today's most popular systems for self-

understanding, based on nine distinct personality types. Now, two of the world's foremost Enneagram authorities introduce a powerful new way to use the Enneagram as a tool for personal transformation and development. Whatever your spiritual background, the Enneagram shows how you can overcome your inner barriers, realize your unique gifts and strengths, and discover your deepest direction in life.

The Wisdom of the Enneagram includes:

Two highly accurate questionnaires for determining your type

Vivid individual profiles focused on maximizing each type's potential and minimizing predictable pitfalls

Spiritual Jump Starts, Wake-Up Calls, and Red Flags for each type

Dozens of individualized exercises and practical strategies for letting go of troublesome habits, improving relationships, and increasing inner freedom

Revealing insights into the deepest motivations, fears, and desires of each type

Highly accessible, yet filled with sophisticated concepts and techniques found nowhere else, The Wisdom of the Enneagram is a strikingly new fusion of psychology and spirituality. It offers an exciting vision of human possibility and a clear map of the nine paths to our highest self-expression.

Users Review

From reader reviews:

Diego Mears:

This The Wisdom of the Enneagram: The Complete Guide to Psychological and Spiritual Growth for the Nine Personality Types usually are reliable for you who want to certainly be a successful person, why. The reason why of this The Wisdom of the Enneagram: The Complete Guide to Psychological and Spiritual Growth for the Nine Personality Types can be among the great books you must have is giving you more than just simple reading food but feed an individual with information that maybe will shock your preceding knowledge. This book is usually handy, you can bring it almost everywhere and whenever your conditions both in e-book and printed people. Beside that this The Wisdom of the Enneagram: The Complete Guide to Psychological and Spiritual Growth for the Nine Personality Types forcing you to have an enormous of experience for instance rich vocabulary, giving you trial of critical thinking that we know it useful in your day activity. So , let's have it appreciate reading.

Fatima Leonard:

That guide can make you to feel relax. This book The Wisdom of the Enneagram: The Complete Guide to Psychological and Spiritual Growth for the Nine Personality Types was colourful and of course has pictures on there. As we know that book The Wisdom of the Enneagram: The Complete Guide to Psychological and Spiritual Growth for the Nine Personality Types has many kinds or type. Start from kids until teenagers. For example Naruto or Private investigator Conan you can read and think that you are the character on there. So , not at all of book are generally make you bored, any it offers up you feel happy, fun and chill out. Try to choose the best book to suit your needs and try to like reading this.

Estela Gillard:

A lot of book has printed but it is different. You can get it by world wide web on social media. You can choose the very best book for you, science, comedian, novel, or whatever by simply searching from it. It is

known as of book *The Wisdom of the Enneagram: The Complete Guide to Psychological and Spiritual Growth for the Nine Personality Types*. Contain your knowledge by it. Without leaving the printed book, it can add your knowledge and make an individual happier to read. It is most crucial that, you must aware about publication. It can bring you from one destination to other place.

Joy Becker:

A lot of people said that they feel bored stiff when they reading a guide. They are directly felt it when they get a half areas of the book. You can choose typically the book *The Wisdom of the Enneagram: The Complete Guide to Psychological and Spiritual Growth for the Nine Personality Types* to make your personal reading is interesting. Your own personal skill of reading ability is developing when you including reading. Try to choose very simple book to make you enjoy to read it and mingle the feeling about book and reading through especially. It is to be initially opinion for you to like to available a book and study it. Beside that the reserve *The Wisdom of the Enneagram: The Complete Guide to Psychological and Spiritual Growth for the Nine Personality Types* can to be your friend when you're experience alone and confuse using what must you're doing of these time.

Download and Read Online *The Wisdom of the Enneagram: The Complete Guide to Psychological and Spiritual Growth for the Nine Personality Types* By Don Richard Riso, Russ Hudson
#LU9QA4W15DB

Read The Wisdom of the Enneagram: The Complete Guide to Psychological and Spiritual Growth for the Nine Personality Types By Don Richard Riso, Russ Hudson for online ebook

The Wisdom of the Enneagram: The Complete Guide to Psychological and Spiritual Growth for the Nine Personality Types By Don Richard Riso, Russ Hudson Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read The Wisdom of the Enneagram: The Complete Guide to Psychological and Spiritual Growth for the Nine Personality Types By Don Richard Riso, Russ Hudson books to read online.

Online The Wisdom of the Enneagram: The Complete Guide to Psychological and Spiritual Growth for the Nine Personality Types By Don Richard Riso, Russ Hudson ebook PDF download

The Wisdom of the Enneagram: The Complete Guide to Psychological and Spiritual Growth for the Nine Personality Types By Don Richard Riso, Russ Hudson Doc

The Wisdom of the Enneagram: The Complete Guide to Psychological and Spiritual Growth for the Nine Personality Types By Don Richard Riso, Russ Hudson Mobipocket

The Wisdom of the Enneagram: The Complete Guide to Psychological and Spiritual Growth for the Nine Personality Types By Don Richard Riso, Russ Hudson EPub

LU9QA4W15DB: The Wisdom of the Enneagram: The Complete Guide to Psychological and Spiritual Growth for the Nine Personality Types By Don Richard Riso, Russ Hudson