

The Catch: How to Be Found by the Man of Your Dreams

By *Samantha Brett*

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Strategies for single women to have the man of their dreams fall in love with them

Sick of dating guys who want sex and fun without any commitment? Ever wondered how some women always have men chasing them? These women are what dating guru Samantha Brett describes as "The Catch"—the ultimate single girl who knows her worth, doesn't settle for less, and doesn't get caught up in the whirlwind of the dating game. After the abrupt end of a fairy-tale eight-year relationship, Samantha found herself thrust back into single life. As part of the healing process she interviewed thousands of men, as well as the women they defined as the ultimate Catch. In the process she developed a foolproof method to help any woman become The Catch. This book will teach readers how to move on from a break-up, avoid the traps of the dating game, become a stronger person through the 30-Day Catch Boot Camp, get a man to propose in only six steps, and forget chasing after Mr. Right ever again.

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
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Editorial Review

About the Author

Samantha Brett is a columnist for the *Sydney Morning Herald* and a popular dating and relationships blogger. She has written for *FHM*, *Grazia*, and *Vogue*, and is the author of *The Chase*.

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