



Tales from the Western Generation: Untold Stories and Firsthand History from Karate's Golden Age

By Matthew Apsokardu

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Every generation wonders about the exploits of the brave men and women who have gone before them. As the deeds of old masters are recounted, we are destined to ask - what kind of people were they? What were their goals and philosophies? What would they think about our efforts to preserve and grow the art of karate?

This book seeks to answer some of those questions by encapsulating over 30 original interviews with senior karateka who experienced the old ways of karate for themselves and helped bring it to the Western world.

Hear stories about masters such as:

Hohan Soken
Okazaki Teruyuki
Shimabukuro Zenryo
Tsuyoshi Chitose
Odo Seikichi
Robert Trias
Kise Fusei
Oyata Seiyu
Matayoshi Shinpo
Miyazato Eiichi
Shimabukuro Eizo
...and many more

Interview guests include:

Chuck Merriman - Goju Ryu
Glenn Keeney - Goju Ryu
Victor Moore - Shuri Ryu
Ed McGrath - Isshin Ryu
Maynard Miner - Shotokan
Cathy Cline - Shotokan

James Logue - Oyata Shin Shu Ho
Bill Hayes - Shorin Ryu
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Doug Perry - Shorinkan
...and many more!

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Editorial Review

About the Author

Matthew Apsokardu is a professional writer and martial artist. He began his study of Okinawa Kenpo Karate Kobudo in 1995, eventually becoming a direct student of C. Bruce Heilman. He expanded his martial education into the world of Japanese budo, first studying Muso Jikiden Eishin Ryu followed by Muso Shinden Ryu. Matthew continued to extend his learning by attending seminars and gasshuku with gentlemen of various karate styles, which eventually led to the "Tales from the Western Generation" project. Matthew also took his training outside of the dojo by volunteering with the Douglas County Sheriff's Community Safety Patrol. Matthew graduated from Penn State University in 2006 with a degree in Professional Writing. He created the website Ikigai Way, a compendium of original martial arts articles and interviews. He expanded those articles into full ebooks and magazine publications. Matthew also founded Apsos Media (<http://apsosmedia.com>) and Apsos Publishing (<http://apsospublishing.com>), designed to help small businesses and private authors bring their brands to life. See more about "Tales from the Western Generation" and the interview guests at <http://westernkarate.com>. Reach out to the author at westernkaratebook@gmail.com. View a wider variety of martial arts articles by the author at <http://ikigaiway.com>.

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