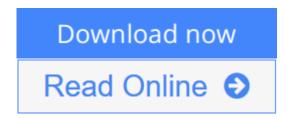


# Tales from the Western Generation: Untold Stories and Firsthand History from Karate's Golden Age

By Matthew Apsokardu



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Every generation wonders about the exploits of the brave men and women who have gone before them. As the deeds of old masters are recounted, we are destined to ask - what kind of people were they? What were their goals and philosophies? What would they think about our efforts to preserve and grow the art of karate?

This book seeks to answer some of those questions by encapsulating over 30 original interviews with senior karateka who experienced the old ways of karate for themselves and helped bring it to the Western world.

Hear stories about masters such as:

Hohan Soken

Okazaki Teruyuki

Shimabukuro Zenryo

Tsuyoshi Chitose

Odo Seikichi

Robert Trias

Kise Fusei

Oyata Seiyu

Matayoshi Shinpo

Miyazato Eiichi

Shimabukuro Eizo

...and many more

Interview guests include:

Chuck Merriman - Goju Ryu

Glenn Keeney - Goju Ryu

Victor Moore - Shuri Ryu

Ed McGrath - Isshin Ryu

Maynard Miner - Shotokan

Cathy Cline - Shotokan

James Logue - Oyata Shin Shu Ho Bill Hayes - Shorin Ryu William Dometrich - Chito Ryu James Coffman - Matsumura Seito Doug Perry - Shorinkan ...and many more!

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#### **Editorial Review**

About the Author

Matthew Apsokardu is a professional writer and martial artist. He began his study of Okinawa Kenpo Karate Kobudo in 1995, eventually becoming a direct student of C. Bruce Heilman. He expanded his martial education into the world of Japanese budo, first studying Muso Jikiden Eishin Ryu followed by Muso Shinden Ryu. Matthew continued to extend his learning by attending seminars and gasshuku with gentlemen of various karate styles, which eventually led to the "Tales from the Western Generation" project. Matthew also took his training outside of the dojo by volunteering with the Douglas County Sheriff's Community Safety Patrol. Matthew graduated from Penn State University in 2006 with a degree in Professional Writing. He created the website Ikigai Way, a compendium of original martial arts articles and interviews. He expanded those articles into full ebooks and magazine publications. Matthew also founded Apsos Media (http://apsosmedia.com) and Apsos Publishing (http://apsospublishing.com), designed to help small businesses and private authors bring their brands to life. See more about "Tales from the Western Generation" and the interview guests at http://westernkarate.com. Reach out to the author at westernkaratebook@gmail.com. View a wider variety of martial arts articles by the author at http://ikigaiway.com.

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