



Shake Your Soul-Song!: A Woman's Guide To Self-Empowerment Through The Art Of Self-Pleasure (Volume 1)

By Devi Ward

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Shake Your Soul-Song!: A Woman's Guide To Self-Empowerment Through The Art Of Self-Pleasure (Volume 1) By Devi Ward

We live in a culture that teaches us to both fear and ignore our sexuality, and repress our sensuality. Women are largely uneducated about their full pleasure-potential, and are discouraged from exploring their own unique style of healthy sensual expression.

Shake Your Soul-Song presents the idea of using pleasure as a path to self-empowerment and soul connection.

By using the methodology of The 4 Principles of Self-Pleasure, each woman will more deeply understand her relationship to The 4 Forms of Pleasure, and how to use them for accessing more of her personal & spiritual potential.

Each of The 4 Principles of Self-Pleasure uses practical and fun tools designed to effectively connect, heal, awaken, & transform every woman's heart, body, mind & soul.

Shake Your Soul-Song includes authentic and soulful insight into:

- * The 11 different orgasms for women, what they are and how to activate them for more passion, pleasure, and soul expression.
- * Creating a New "Pleasure Paradigm" with The 4 Principles of Self-Pleasure
- * The 4 Forms of Pleasure and how to use them for accessing more of your personal potential
- * The difference between sensuality & sexuality
- * Gratification vs. Pleasure
- * How cultivating conscious sense-uality can help you experience more presence, passion & connection in all areas of your life
- * How the Walt Disney Syndrome keeps us disempowered as women & contributes to relational dysfunction between partners
- * Ancient, powerful tools for transforming your life-experience on a cellular level
- * The Secret to Sensual Sovereignty

Includes an effective and enjoyable 'Pleasure Program' for cultivating the ultimate pleasure potential in your everyday life. Also includes a special bonus

exercise for cultivating sensual intimacy with your partner.

Find out more about Devi Ward's Pleasure Programs at femininemergence.com

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Editorial Review

Review

"Everyone, men included, should own a copy of this book. Words fail to describe how inspiring and useful Devi's work is for all people at this stage in our collective evolution. She bridges the gap between eastern wisdom and western science while providing powerful techniques & meditations, empowering the individual. Thank you!!"

WILL BLUNDERFIELD | recording artist | yogi | willblunderfield.com

"I had no idea how important this book would be until I read and internalized its content! Devi Ward has a deep understanding of the profound connection between body and soul and she communicates this in an eloquent, yet easy-to-understand, very honest and down-to-earth fashion."

Marni Spencer Devlin~ Author of "Crawling Into The Light" marnispencerdevlin.com

"Devi's book is one of the most interesting and sensual books I have ever read towards sexually empowering women. I wish there was a book like this when I was in my early twenties! But, even at my wise age of 48, I was still able to gain beautiful knowledge and use it to enhance my life now."

Tammeron ~ Intimacy Coach and Radio Show Host of "Let's Figure It Out!" On Voice America

"Being able to speak to a wide variety of people is essential--especially in the tender realm of sexuality. Ward can go from Tibetan Buddhist to Sex in the City in a just a few sentences. On one page, you will read tantric teachings from her Shangpa Kagyu Lineage; on the next, you'll find her personal Babeland list of 'What's Hot and What's Not'. And it's done with grace, generosity and vulnerability."

Candice Holdorf ~ TheOrgasmicLife.com

"Devi's book Shake Your Soul-Song is a gift to women who seek personal sexual empowerment through the creation of what she calls 'the new pleasure paradigm.' She blends the sacredness of sexuality with the practical, and gives women guidance on how to explore their sensuality and self-expression on a whole new level. Her presentation of Tantric teachings are easy to understand and integrate into anyone's sexual experience. Her book is about personal evolution, self- discovery, and love."

Dr. Laurie Steelsmith N.D., L.Ac. ~ Co-author of Great Sex, Naturally and Natural Choices for Women's Health

About the Author

Devi Ward is a pioneer in the field of sexual healing and empowerment for women. She is the host of Better Love and Sex with Devi Ward on Contact Talk Radio.

She is a Certified Tantric Healer, Certified Authentic Tantra™ Educator , and Co-Founder of Authentic Tantra™ Sexual Education. She is a qualified Tantrika of the Shangpa Kagyu Lineage of Vajrayana Tibetan Buddhism, and one of 2 people in North America qualified to teach the Secret Tibetan 5 Element Sexual

Tantras.

She has been featured as a Tantra and Women's Sensual Empowerment expert on over 30 different radio and television networks world-wide including; CBS, CKNW, Rogers TV, and Playboy Radio, and has been featured on the cover of Curve Magazine & Conscious Connection Magazine. She continues to make regular guest appearances on various media networks around the globe.

Devi is a featured sexuality expert for Get Lusty.com, Rebelle Sex.com, Awakening Source.com and Shetroit.com.

Devi specializes in sexual healing for women, men, and couples. As a survivor of childhood sexual, emotional, and physical abuse, she offers experience-based guidance for catalyzing profound life transformation in the areas of sexuality & personal growth.

Users Review

From reader reviews:

Adam Jones:

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