

Handbook of Professional and Ethical Practice for Psychologists, Counsellors and Psychotherapists

From Routledge



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Closer regulation of psychological counselling means that an awareness of the professional, legal and ethical considerations is vital. The second edition of *Handbook of Professional and Ethical Practice* offers a clear, stimulating, and structured introduction to a number of contemporary issues of professional and ethical practice. **Rachel Tribe** and **Jean Morrissey** have brought together updated, re-written and new contributions from professionals in the interrelated fields of psychology, psychotherapy and counselling, which illustrate the professional and ethical dilemmas involved in mental health practice. Academic and clinical experiences are skilfully combined with personal reflection to produce a comprehensive resource that addresses challenges that therapeutic practitioners are faced with on a daily basis.

Each chapter places particular emphasis on the current codes of practice and ethical principles underpinning safe ethical practice and the implications for practitioners. Comprehensive coverage of the legal, clinical and ethical considerations involved in research and training is provided and the reflective questions at the end of every chapter serve to prompt further discussion of the issues. Chapters are enhanced by clinical vignettes that illustrate the particular issues at hand, as well as detailed bibliographies that point the reader towards the latest literature on the subject. The book is divided into 5 sections:

Professional practice and ethical considerations

Legal considerations and responsibilities

Clinical considerations and responsibilities

Working with diversity – professional practice and ethical considerations

Research Supervision and Training

This new, updated edition reflects the changes in the environment in which therapists and psychologists work. Covering a wide range of perspectives, clinical settings and client populations, Handbook of Professional and Ethical Practice 2nd edition will be an invaluable source of both information and inspiration to psychologists, counsellors, psychotherapists and practitioners of diverse orientations and stages of professional development and to those interested in a contemporary, multi-disciplinary approach to best practice in mental health.



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