



Raising Cain: Protecting the Emotional Life of Boys

By Michael Thompson Phd, Dan Phd Kindlon

Download now

Read Online →

Raising Cain: Protecting the Emotional Life of Boys By Michael Thompson Phd, Dan Phd Kindlon

The stunning success of *Reviving Ophelia*, Mary Pipher's landmark book, showed a true and pressing need to address the emotional lives of girls. Now, finally, here is the book that answers our equally timely and critical need to understand our boys.

In *Raising Cain*, Dan Kindlon, Ph.D., and Michael Thompson, Ph.D., two of the country's leading child psychologists, share what they have learned in more than thirty-five years of combined experience working with boys and their families. They reveal a nation of boys who are hurting--sad, afraid, angry, and silent. Statistics point to an alarming number of young boys at high risk for suicide, alcohol and drug abuse, violence and loneliness. Kindlon and Thompson set out to answer this basic, crucial question: What do boys need that they're not getting? They illuminate the forces that threaten our boys, teaching them to believe that "cool" equals macho strength and stoicism. Cutting through outdated theories of "mother blame," "boy biology," and "testosterone," Kindlon and Thompson shed light on the destructive emotional training our boys receive--the emotional miseducation of boys.

Through moving case studies and cutting-edge research, *Raising Cain* paints a portrait of boys systematically steered away from their emotional lives by adults and the peer "culture of cruelty"--boys who receive little encouragement to develop qualities such as compassion, sensitivity, and warmth. The good news is that this doesn't have to happen. There is much we can do to prevent it.

Kindlon and Thompson make a compelling case that emotional literacy is the most valuable gift we can offer our sons, urging parents to recognize the price boys pay when we hold them to an impossible standard of manhood. They identify the social and emotional challenges that boys encounter in school and show how parents can help boys cultivate emotional awareness and empathy--giving them the vital connections and support they need to navigate the social pressures of youth.

Powerfully written and deeply felt, *Raising Cain* will forever change the way we

see our sons and will transform the way we help them to become happy and fulfilled young men.

From the Hardcover edition.

 [Download Raising Cain: Protecting the Emotional Life of Boy ...pdf](#)

 [Read Online Raising Cain: Protecting the Emotional Life of B ...pdf](#)

Raising Cain: Protecting the Emotional Life of Boys

By Michael Thompson Phd, Dan Phd Kindlon

Raising Cain: Protecting the Emotional Life of Boys By Michael Thompson Phd, Dan Phd Kindlon

The stunning success of *Reviving Ophelia*, Mary Pipher's landmark book, showed a true and pressing need to address the emotional lives of girls. Now, finally, here is the book that answers our equally timely and critical need to understand our boys.

In *Raising Cain*, Dan Kindlon, Ph.D., and Michael Thompson, Ph.D., two of the country's leading child psychologists, share what they have learned in more than thirty-five years of combined experience working with boys and their families. They reveal a nation of boys who are hurting--sad, afraid, angry, and silent. Statistics point to an alarming number of young boys at high risk for suicide, alcohol and drug abuse, violence and loneliness. Kindlon and Thompson set out to answer this basic, crucial question: What do boys need that they're not getting? They illuminate the forces that threaten our boys, teaching them to believe that "cool" equals macho strength and stoicism. Cutting through outdated theories of "mother blame," "boy biology," and "testosterone," Kindlon and Thompson shed light on the destructive emotional training our boys receive--the emotional miseducation of boys.

Through moving case studies and cutting-edge research, *Raising Cain* paints a portrait of boys systematically steered away from their emotional lives by adults and the peer "culture of cruelty"--boys who receive little encouragement to develop qualities such as compassion, sensitivity, and warmth. The good news is that this doesn't have to happen. There is much we can do to prevent it.

Kindlon and Thompson make a compelling case that emotional literacy is the most valuable gift we can offer our sons, urging parents to recognize the price boys pay when we hold them to an impossible standard of manhood. They identify the social and emotional challenges that boys encounter in school and show how parents can help boys cultivate emotional awareness and empathy--giving them the vital connections and support they need to navigate the social pressures of youth.

Powerfully written and deeply felt, *Raising Cain* will forever change the way we see our sons and will transform the way we help them to become happy and fulfilled young men.

From the Hardcover edition.

Raising Cain: Protecting the Emotional Life of Boys By Michael Thompson Phd, Dan Phd Kindlon **Bibliography**

- Rank: #93056 in eBooks
- Published on: 2009-08-05
- Released on: 2009-08-05
- Format: Kindle eBook

 [Download Raising Cain: Protecting the Emotional Life of Boy ...pdf](#)

 [Read Online Raising Cain: Protecting the Emotional Life of B ...pdf](#)

Download and Read Free Online Raising Cain: Protecting the Emotional Life of Boys By Michael Thompson Phd, Dan Phd Kindlon

Editorial Review

Amazon.com Review

Reviving Ophelia, Mary Pipher's groundbreaking book, exposed the toxic environment faced by adolescent girls in our society. Now, from the same publisher, comes *Raising Cain: Protecting the Emotional Life of Boys* by Dan Kindlon and Michael Thompson, which does the same for adolescent boys. Boys suffer from a too-narrow definition of masculinity, the authors assert as they expose and discuss the relationship between vulnerability and developing sexuality, the "culture of cruelty" boys live in, the "tyranny of toughness," the disadvantages of being a boy in elementary school, how boys' emotional lives are squelched, and what we, as a society, can do about all this without turning "boys into girls." "Our premise is that boys will be better off if boys are better understood--and if they are encouraged to become more emotionally literate," the authors assert. As a tool for change, Kindlon and Thompson present the well-developed "What Boys Need," seven points that reach far beyond the ordinary psychobabble checklist and slogan list. Kindlon (researcher and psychology professor at Harvard and practicing psychotherapist specializing in boys) and Thompson (child psychologist, workshop leader, and staff psychologist of an all-boys school) have created a chilling portrait of male adolescence in America. Through personal stories and theoretical discussion, this well-needed book plumbs the well of sadness, anger, and fear in America's teenage sons. --*Ericka Lutz*

From Publishers Weekly

A genuine enthusiasm for their subject shines through the pages of this enormously compelling book, as the authors share insights on boys' emotional development from birth through the college years. An increasingly high-profile topic in the wake of disheartening statistics about adolescent suicide and violence. In much the same way that *Reviving Ophelia* offered new models for raising girls, therapists Kindlon and Thompson argue that boys desperately need a new standard of "emotional literacy," showing how our culture's dominant masculine stereotypes shortchange boys and lead them toward emotional isolation. The authors turn a spotlight on the inner lives of boys, debunking preconceptions about gender, explaining the importance of nurturing communication skills and empathy in boys as well as girls, and steering boys toward a manhood of emotional attachment, not stoicism and solitude. They also challenge the ways in which, in their view, traditional school environments put boys at a disadvantage (why not hold off on reading instruction a year or two? they ask; why not five short recesses a day?). Such issues as drinking, drugs and the "culture of cruelty" among adolescents, in which "anything a boy says or does can and will be used against him," also meet with sensitive treatment. Separate chapters examine the relationships between fathers and sons and mothers and sons, and show how these can be protected and redefined. This thoughtful book is recommended for parents, teachers or anyone with a vested interest in raising happy, healthy, emotionally whole young men. Agent, Gail Ross of Lichtman, Trister, Singer and Ross.

Copyright 1999 Reed Business Information, Inc.

Review

"Raising Cain gives a long-needed insight into that mysterious, magical land, the psyches of boys. Every parent, teacher--or anyone who wants boys to flourish--should read this book."

--DANIEL GOLEMAN

Author of *Emotional Intelligence*

"If you love a boy, were a boy, or care about boys and the men they become, read this book. Perfectly balancing cutting-edge science with engaging anecdotes and arrestingly useful insights, Kindlon and Thompson have written the book on boys. It is superb."

--EDWARD M. HALLOWELL

Author of *Driven to Distraction and Worry*

"Raising Cain is an important book and a fascinating read. Kindlon and Thompson are persuasive in their argument that it would be good for boys to become more 'emotionally literate,' to understand their feelings and those of others more. Parents and teachers will welcome the valuable suggestions for how to stay tuned in to a boy, while respecting his autonomy. Raising Cain gives us a much-needed glimpse into the inner lives of boys. I found it quite absorbing."

--ELEANOR MACCOBY, PH.D.

Emeritus Professor of Psychology

Stanford University

Author of *The Psychology of Sex Differences and*

The Two Sexes: Growing up Apart, Coming Together

From the Hardcover edition.

Users Review

From reader reviews:

Jeffrey Stampley:

The reason? Because this *Raising Cain: Protecting the Emotional Life of Boys* is an unordinary book that the inside of the book waiting for you to snap the idea but latter it will jolt you with the secret that inside. Reading this book beside it was fantastic author who write the book in such wonderful way makes the content on the inside easier to understand, entertaining means but still convey the meaning entirely. So , it is good for you because of not hesitating having this nowadays or you going to regret it. This amazing book will give you a lot of gains than the other book have such as help improving your talent and your critical thinking method. So , still want to hold off having that book? If I had been you I will go to the publication store hurriedly.

Melissa Gusman:

Do you have something that you prefer such as book? The book lovers usually prefer to opt for book like comic, small story and the biggest one is novel. Now, why not seeking *Raising Cain: Protecting the Emotional Life of Boys* that give your pleasure preference will be satisfied by reading this book. Reading addiction all over the world can be said as the opportunity for people to know world far better then how they react to the world. It can't be said constantly that reading behavior only for the geeky individual but for all of you who wants to be success person. So , for all of you who want to start studying as your good habit, you may pick *Raising Cain: Protecting the Emotional Life of Boys* become your starter.

Jennifer Meeks:

The book untitled *Raising Cain: Protecting the Emotional Life of Boys* contain a lot of information on that. The writer explains the woman idea with easy approach. The language is very straightforward all the people, so do not worry, you can easy to read that. The book was written by famous author. The author gives you in

the new period of time of literary works. It is possible to read this book because you can keep reading your smart phone, or device, so you can read the book within anywhere and anytime. In a situation you wish to purchase the e-book, you can start their official web-site in addition to order it. Have a nice go through.

Nancy Stever:

This Raising Cain: Protecting the Emotional Life of Boys is completely new way for you who has attention to look for some information given it relief your hunger associated with. Getting deeper you in it getting knowledge more you know or you who still having little bit of digest in reading this Raising Cain: Protecting the Emotional Life of Boys can be the light food for yourself because the information inside this book is easy to get by simply anyone. These books acquire itself in the form which is reachable by anyone, that's why I mean in the e-book type. People who think that in publication form make them feel drowsy even dizzy this reserve is the answer. So there is absolutely no in reading a reserve especially this one. You can find what you are looking for. It should be here for you. So , don't miss this! Just read this e-book type for your better life as well as knowledge.

Download and Read Online Raising Cain: Protecting the Emotional Life of Boys By Michael Thompson Phd, Dan Phd Kindlon #LNYS3B7U695

Read Raising Cain: Protecting the Emotional Life of Boys By Michael Thompson Phd, Dan Phd Kindlon for online ebook

Raising Cain: Protecting the Emotional Life of Boys By Michael Thompson Phd, Dan Phd Kindlon Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Raising Cain: Protecting the Emotional Life of Boys By Michael Thompson Phd, Dan Phd Kindlon books to read online.

Online Raising Cain: Protecting the Emotional Life of Boys By Michael Thompson Phd, Dan Phd Kindlon ebook PDF download

Raising Cain: Protecting the Emotional Life of Boys By Michael Thompson Phd, Dan Phd Kindlon Doc

Raising Cain: Protecting the Emotional Life of Boys By Michael Thompson Phd, Dan Phd Kindlon Mobipocket

Raising Cain: Protecting the Emotional Life of Boys By Michael Thompson Phd, Dan Phd Kindlon EPub

LNYS3B7U695: Raising Cain: Protecting the Emotional Life of Boys By Michael Thompson Phd, Dan Phd Kindlon