



Mrs. Sharp's Traditions: Reviving Victorian Family Celebrations of Comfort & Joy

By Sarah Ban Breathnach

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The seeds for the ground-breaking *Simple Abundance*, Sarah Ban Breathnach's hugely successful bestseller, were first planted in *Mrs. Sharp's Traditions*. In this revised, redesigned edition of her charmingly illustrated Victorian style- and sourcebook, Sarah introduces to her legions of new readers the old-fashioned pleasures of family, customs, and home.

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Editorial Review

About the Author

Sarah Ban Breathnach's work celebrates quiet joys, simple pleasures, and everyday epiphanies. What began as a personal safari to unearth her authentic self, transformed into her number-one *New York Times* bestsellers *Simple Abundance: A Daybook of Comfort and Joy*, and *Something More: Excavating your Authentic Self*. Sarah Ban Breathnach is the publisher of The Simple Abundance Press, a groundbreaking joint venture with Scribner, and the founder of The Simple Abundance Charitable Fund.

From [AudioFile](#)

Before the author's bestseller SIMPLE ABUNDANCE, she wrote this charming little book of domestic advice. Presented by the fictitious Victorianna Sharp, it contains gentle practices compiled from an old trunk of Victorian era magazines she discovered. Though controversy will continue about who's responsible for the home, the program does a good job of not assuming it's the mom. Anyone, including stay-at-home or working dads, can take some initiative in setting up the traditions. This is a short program (only a small range of actual traditions is mentioned), so most of its energy is spent promoting the idea of someone initiating the rituals and routines she recommends. For discombobulated families everywhere, a worthwhile audio with some charming ideas. T.W. © AudioFile 2001, Portland, Maine-- Copyright © AudioFile, Portland, Maine

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