



Kali Kaula - A Manual of Tantric Magick

By Jan Fries

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Kali Kaula - A Manual of Tantric Magick By Jan Fries

Kali Kaula is a practical and experiential journey through the land of living magical art that is Tantra, guided by the incisive, inspired and multi-talented hands of Jan Fries. By stripping away the fantasies and exploring the roots, flowers and fruits of Tantra, the author provides an outstandingly effective and coherent manual of practices. Acknowledging the huge diversity of Tantric material produced over the centuries, Jan Fries draws on several decades of research and experience and focuses on the early traditions of Kula, Kaula and Krama, and the result is this inimitable work which shines with the light of possibility. Unique in style and content, this book is more than a manual of tantric magick, it is a guide to the exploration of the inner soul. It contains the most lucid discussions of how to achieve liberation in the company of numerous Indian goddesses and gods, each of whom brings their own lessons and gifts to the dedicated seeker. It is also an eloquent introduction to the mysteries of the great goddess Kali, providing numerous views of her manifold nature, and showing the immense but hidden role played throughout history by women in the development and dissemination of tantric practices and beliefs. Jan Fries explores the spectrum of techniques from mudra to mantra, pranayama to puja, from kundalini arousal to purification to sexual rites, and makes them both accessible and relevant, translating them out of the Twilight Language of old texts and setting them in the context of both personal transformation and the historical evolution of traditions. The web of connections between Tantra and Chinese Alchemy and Taoism are explored as the author weaves together many of the previously disparate strands of philosophies and practices. This book challenges the reader to dream, delight, and develop, and provides an illustrated guidebook on how to do so. Bliss awaits those who dare.

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