

Shut Up, Stop Whining, and Get a Life: A Kick-Butt Approach to a Better Life

By Larry Winget



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Shut Up, Stop Whining, and Get a Life was immediately hailed as "not your average self-help book" and demanded attention and praise right out of the gate. It is now considered one of the icons of the personal development movement. Now, Larry Winget is back with his signature caustic, no-nonsense, hilarious style, which earned him the titles "Pitbull of Personal Development®" and "World's Only Irritational Speaker®." Winget's "get off your butt and go to work" approach to self-improvement boils success down to a simple formula: Everything in your life gets better when you get better.

- Get tangible advice from one of the world's most successful speakers and the author of five bestselling books and television personality.
- Learn the keys to turning your life, money and business around.
- Stop making excuses, stop blaming others and take responsibility for your life and your results

The brutal advice he offers has changed the lives of millions of people and increased sales for countless businesses. In this Second Edition of Shut Up, Stop Whining, and Get a Life, Winget takes the same principles and expands the lessons with brand new examples, stories, and added wisdom. It may sound ruthless, but your life is your own fault and if you shut up, stop whining, and take action you can create a better life.



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Editorial Review

Review

Inspirational and to the point, this book is a 10 out of 10 (Spirit & Destiny, July 2011).

From the Back Cover

This book won't make you feel better about yourself. And that's a good thing.

If you're hoping to change your life with a bunch of feel-good mantras, then this book isn't for you. But if you're ready to get off your butt and *really* change your life, then Larry Winget is your man. Winget's toughlove approach boils success down to a simple formula: your life is your own damn fault, and if you shut up, stop whining, and take action, your life *will* get better.

Shut Up, Stop Whining, and Get a Life gives you the keys to turning your life, money, and business around. Larry's brutal advice has changed the lives of millions of people around the world. This *Second Edition* expands the previous lessons with brand-new examples, stories, and added wisdom, and his humorous approach is funnier than ever!

"If you're ready to stop your whining, strap on your belt, and get to work, then this is the book for you. Larry wants to see you succeed, and he's not afraid to rub some reality in your face to help you do it!"—Jim Bouchard, author of Think Like a Black Belt

"I love Larry's dish on life: a healthy approach to setting you straight!"—Marzia Prince, professional fitness model

"Filled with straight talk and straight answers, Larry's honest approach is a brutally refreshing retreat from all of the esoteric blather that the so-called gurus preach." —Tommy Zarzecki, Publisher, PlanetZMan.com

About the Author

LARRY WINGET, also known as "The Pitbull of Personal Development®," is a television personality and one of the top speaking professionals in the country today. He is the author of five bestselling books with inyour-face titles like *It's Called Work for a Reason!*; *You're Broke Because You Want to Be; People Are Idiots and I Can Prove It!*; and *Your Kids Are Your Own Fault*. Larry teaches universal principles that work for anyone, in any business, at any time, and does it through simple examples and actionable ideas. For more information, please visit **www.larrywinget.com.**

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From reader reviews:

Jaime Leflore:

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Willie Navarro:

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