



The Neurofeedback Book

By Michael Thompson, Lynda Thompson

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Neurofeedback has been around a long time, since the 1960s when it was known as EEG biofeedback, and it has become one of the fastest growing segments of the mind-body medicine movement. The Neurofeedback Book is the first true textbook dedicated to this area of healthcare. It is written for people at all levels of knowledge in the field and is a must-have for those exploring alternative medicine modalities. This book is written to assist you in understanding the basis of neurofeedback and the fundamentals of how to do EEG biofeedback.

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The Neurofeedback Book By Michael Thompson, Lynda Thompson Bibliography

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Editorial Review

Review

This book will be of great value to clinicians and constitutes a significant acceleration toward the development of the field. -- *Tom Budzynski, PhD, Affiliate Professor of Psychology, University of Washington*

Without a doubt THE most comprehensive book on every aspect of neurofeedback you could hope to find between two covers. -- *Lynda Kirk, MA, LPC, BCIA-C, QEEGT, Past President, International Society for Neuronal Regulations*

From the Publisher

The Association for Applied Psychophysiology and Biofeedback (AAPB) was founded in 1969. Biofeedback is a process of learning greater body control, with the aid of instruments that monitor physiological changes. Psychophysiology is the science of mind-body interaction. The goals of the association are to promote a new understanding of biofeedback and advance the methods used in this practice.

From the Author

Welcome to the field of neurofeedback. Once you enter, you will never be bored and you will never stop learning. There is always more to master and it keeps one both curious and humble.

Users Review

From reader reviews:

Brandon Harmon:

Book is to be different for every grade. Book for children until adult are different content. As we know that book is very important for people. The book The Neurofeedback Book seemed to be making you to know about other information and of course you can take more information. It doesn't matter what advantages for you. The book The Neurofeedback Book is not only giving you more new information but also to become your friend when you truly feel bored. You can spend your own personal spend time to read your reserve. Try to make relationship while using book The Neurofeedback Book. You never truly feel lose out for everything in the event you read some books.

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