



# The Forty-Day Word Fast: A Spiritual Journey to Eliminate Toxic Words From Your Life

By Tim Cameron

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## The Forty-Day Word Fast: A Spiritual Journey to Eliminate Toxic Words From Your Life By Tim Cameron

At some point in your Christian walk you may have fasted from food, television, or other things in order to refocus and rekindle your relationship with Christ. Fasting may even be a frequent part of your prayer life. But have you ever fasted from words? The truth is that even if you consider yourself to be a positive person, you still use damaging words that plague your life and rob you of the spiritual growth you desire.

### **Change your words. Change your life.**

*The Forty-Day Word Fast* focuses on several biblically sound mechanisms to help you change your words and your life. Not only will your vocabulary change, your heart also will be transformed in just forty days. “For out of the abundance of the heart the mouth speaks” (Matt. 12:34 nkjv). With this guaranteed effective form of fasting you will be challenged to eradicate from your speech all words of...

- Judgment
- Criticism or sarcasm
- Negativity
- Complaining
- Gossip

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### **Editorial Review**

About the Author

**TIM CAMERON** is a graduate of the University of Tulsa with a master's degree in teaching art. He also graduated from Oral Roberts University where he was director of admissions and financial aid. Following his tenure at ORU, he worked as a senior high school principal. For the past fourteen years he has served as headmaster at Metro Christian Academy, the second-largest private school in Oklahoma. Tim currently serves in intercession, in prophetic ministry, and as an elder at Believers Church.

### **Users Review**

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**Vincent Overly:**

This The Forty-Day Word Fast: A Spiritual Journey to Eliminate Toxic Words From Your Life book is not ordinary book, you have after that it the world is in your hands. The benefit you have by reading this book is definitely information inside this reserve incredible fresh, you will get details which is getting deeper you actually read a lot of information you will get. This kind of The Forty-Day Word Fast: A Spiritual Journey to Eliminate Toxic Words From Your Life without we recognize teach the one who reading through it become critical in thinking and analyzing. Don't always be worry The Forty-Day Word Fast: A Spiritual Journey to Eliminate Toxic Words From Your Life can bring if you are and not make your handbag space or bookshelves' grow to be full because you can have it inside your lovely laptop even cell phone. This The Forty-Day Word Fast: A Spiritual Journey to Eliminate Toxic Words From Your Life having good arrangement in word as well as layout, so you will not really feel uninterested in reading.

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