



The Food of Morocco

By Paula Wolfert

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“A cookbook by Paula Wolfert is cause for celebration. Ms. Wolfert may be America’s most knowledgeable food person and her books are full of insight, passion and brilliance.”

—Anthony Dias Blue, CBS Radio, NY

“I think she’s one of the finest and most influential food writers in this country...one of the leading lights in contemporary gastronomy.”

—Craig Claiborne

Paula Wolfert, the undisputed queen of Mediterranean cooking, provides food lovers with the definitive guide to *The Food of Morocco*. Lavishly photographed and packed with tantalizing recipes to please the modern palate, *The Food of Morocco* provides helpful preparation techniques for chefs, home cooks, and any serious student of the culinary arts and culture. This is the perfect companion to Wolfert’s classic, *Couscous and Other Good Food from Morocco*—a 2008 inductee into the James Beard Cookbook Hall of Fame—and fans of Claudia Roden, Elizabeth David, Martha Rose Schulman, and Poopa Dweck will be delighted by this extraordinary culinary journey across this colorful and exhilarating land.

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Editorial Review

From the Back Cover

Paula Wolfert's name is synonymous with revealing the riches of authentic Mediterranean cooking, especially the cuisine of Morocco. In *The Food of Morocco*, she brings to bear more than forty years of experience of, love of, and original research on the traditional foodways of that country. The result is the definitive book on Moroccan cuisine, from tender Berber skillet bread to spiced harira (the classic soup made with lentils and chickpeas), from chicken with tangy preserved lemon and olives to steamed sweet and savory breast of lamb stuffed with couscous and dates. The recipes are clear and inviting and infused with the author's unparalleled knowledge of this delicious food. Essays illuminate the essential elements of Moroccan flavor and emphasize the accessibility of once hard-to-find ingredients such as saffron, argan oil, and Moroccan cumin seed.

Lavishly photographed in full color, *The Food of Morocco* not only showcases Wolfert's tantalizing recipes but also evokes Morocco in all its timeless splendor and mystery: its markets with their lush produce, its dazzling textiles and intricate mosaic tiles, its communal ovens and ancient souks, and of course its people, from Marrakech to Tangier. A labor of love four decades in the making, *The Food of Morocco* is a once-in-a-lifetime book of uncommon scope and authenticity, an essential work for every serious cook, anyone interested in Moroccan cuisine, and discerning armchair travelers alike.

About the Author

Paula Wolfert is an expert on Mediterranean food and the author of nine cookbooks, including *The Food of Morocco*, *Mediterranean Clay Pot Cooking*, *The Slow Mediterranean Kitchen*, and *The Cooking of Southwest France*. Wolfert has won the James Beard Award, the Julia Child Award, the M. F. K. Fisher Award, and the Tastemaker Award, and was a finalist for the André Simon Award. A regular columnist for *Food & Wine*, Wolfert lives in Sonoma, California.

Users Review

From reader reviews:

Tammi Kendrick:

Here thing why this specific The Food of Morocco are different and trusted to be yours. First of all reading a book is good nevertheless it depends in the content of it which is the content is as tasty as food or not. The Food of Morocco giving you information deeper and different ways, you can find any book out there but there is no e-book that similar with The Food of Morocco. It gives you thrill looking at journey, its open up your current eyes about the thing that happened in the world which is maybe can be happened around you. You can bring everywhere like in park, café, or even in your way home by train. For anyone who is having difficulties in bringing the published book maybe the form of The Food of Morocco in e-book can be your alternate.

Charles English:

The book *The Food of Morocco* has a lot of knowledge on it. So when you check out this book you can get a lot of advantage. The book was authored by the very famous author. This article's author makes some research ahead of writing this book. This book is very easy to read; you can find the point easily after perusing this book.

Jennifer Oaks:

Reading can be called a thought hangout, why? Because if you find yourself reading a book, particularly a book entitled *The Food of Morocco*, your brain will drift away through every dimension, wandering in every single aspect that may be unfamiliar but surely will become your mind friends. Imagining just about every word written in a reserve then become one application from conclusion and explanation which maybe you never get ahead of. *The Food of Morocco* giving you yet another experience more than blown away your mind but also giving you useful information for your better life with this era. So now let us demonstrate the relaxing pattern here; your body and mind will likely be pleased when you are finished reading it, like winning a casino game. Do you want to try this extraordinary wasting spare time activity?

Patricia Baker:

In this time of globalization it is important to someone to obtain information. The information will make professionals understand the condition of the world. The health of the world makes the information much easier to share. You can find a lot of recommendations to get information, for example: internet, newspapers, book, and soon. You can observe that now, a lot of publishers in which print many kinds of books. The actual book that recommended to you is *The Food of Morocco*; this book consists a lot of the information with the condition of this world now. This specific book was represented so why is the world has grown up. The vocabulary styles that the writer uses to explain it is easy to understand. The actual writer made some study when he makes this book. Here is why this book suited all of you.

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