



Day Hikes and Overnights on the Pacific Crest Trail: Southern California: From the Mexican Border to Los Angeles County

By *Marlise Kast-Myers*

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Explore sections of the famous Pacific Crest Trail between the Mexican border and Los Angeles County. Travel writer *Marlise Kast-Myers* includes both easy day hikes and extended overnight trips. Each route is accompanied by a detailed topographical map and the book is filled with spectacular color photos.

The Pacific Crest Trail is one of America's great long-distance hiking routes. The PCT follows the mountains from the Mexican border in the south all the way to the Canadian border in the north. Cheryl Strayed's bestselling *Wild* led huge numbers of Americans to hear about the PCT for the first time. Now *Kast-Myers* gives you the tools you need to get out and explore sections of that fabled route for yourself. 100 Color Photographs throughout.

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Editorial Review

Review

Pacific Crest Trail, Southern California, from the Mexican border to Los Angeles County, in great detail and accurate maps. Very few other guidebooks for the region offer so much detailed information as this guide. -- gilberto.dur@gmail.com

About the Author

Marlise Kast-Myers is the author or co-author of several books on travel destinations, among them guides to Southern California, France, and Cancún. She lives in San Diego.

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