



The Blue Day Book: A Lesson in Cheering Yourself Up

By Bradley Trevor Greive

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The Blue Day Book: A Lesson in Cheering Yourself Up By Bradley Trevor Greive

A commemorative tenth anniversary edition of the best-selling gift book that has sold over 10 million copies (2.5 million in the U.S.) in 115 countries worldwide. With its humorous, compassionate message and charming animal photographs, the book's text illuminates what a blue day feels like, what causes it, and how to get over it.

Ten years after its first printing, Bradley Trevor Greive's global best-seller *The Blue Day Book* has become a modern classic and is still bringing smiles to readers around the world. And because we all still have bad days now and then, the time is right for a commemorative tenth-anniversary edition of this uniquely funny, compassionate book that inspired an entire genre of uplifting gift books.

This special edition features stunning new endpapers illustrated by the author, hand-colored enhancements to the delightful black-and-white photography, and a new foreword to the text. Still included, of course, are the original, warm, supportive messages, humorous insights, and hilarious animal images guaranteed to raise the spirits of anyone feeling down and blue.

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The Blue Day Book: A Lesson in Cheering Yourself Up By Bradley Trevor Greive Bibliography

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Editorial Review

Review

"Amusing animal photos are paired with inspiring, witty text designed to lift the spirits. Skip sending that well-intentioned e-card to a blue buddy, and give this charming antidote instead." (Joanna Brichetto, BookPage)

About the Author

Since the debut of his international bestseller *The Blue Day Book*, Bradley Trevor Greive has become a household name in more than 115 countries. A former Australian paratrooper, BTG left the army to pursue more creative misadventures. He has been bitten by wild monkeys and rabid bats and was accepted into Russia's cosmonaut training program--though those incidents were, by and large, unrelated. BTG spends most of his time in a tiny Tasmanian hamlet.

Users Review

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Russell Bussey:

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Stephanie Gilley:

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from the park. They actually doing same thing every week. Do you feel it? Will you something different to fill your personal free time/ holiday? Might be reading a book can be option to fill your totally free time/ holiday. The first thing you ask may be what kinds of publication that you should read. If you want to try out look for book, may be the book untitled The Blue Day Book: A Lesson in Cheering Yourself Up can be very good book to read. May be it might be best activity to you.

Marjorie Thompson:

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