



The Banh Mi Handbook: Recipes for Crazy-Delicious Vietnamese Sandwiches

By Andrea Nguyen

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The Banh Mi Handbook: Recipes for Crazy-Delicious Vietnamese Sandwiches By Andrea Nguyen

A cookbook devoted to the beloved Vietnamese sandwich, with 50 recipes ranging from classic fillings to innovative modern combinations.

Created by Vietnamese street vendors a century or so ago, banh mi is a twist on the French snack of pâté and bread that is as brilliant as it is addictive to eat. Who can resist the combination of crisp baguette, succulent filling, and toppings like tangy daikon and carrot pickles, thin chile slices, refreshing cucumber strips, and pungent cilantro sprigs? You'll have ample opportunities to customize your sandwich with filling options such as grilled pork, roast chicken, and "the special"—a delectable combination of garlicky pork, liver pâté, and Vietnamese cold-cuts.

Opening a new realm of flavor for anyone tired of standard sandwich fare, *The Banh Mi Handbook* presents more than fifty recipes and numerous insights for crafting a wide range of sandwiches, from iconic classics to modern innovations, including:

Crispy Drunken Chicken
Shrimp in Caramel Sauce
Grilled Lemongrass Pork
Beef and Curry Sliders
Coconut Curry Tofu
Lettuce Wrap Banh Mi

Respected food writer Andrea Nguyen's simple, delicious recipes for flavor-packed fillings, punchy homemade condiments, and crunchy, colorful pickled vegetables bring the very best of Vietnamese street food to your kitchen.

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Editorial Review

Review

One of NPR's Best Cookbooks of 2014

“Who better than Andrea Nguyen to unravel the mysteries of one of the great sandwiches of the world? Her book is deceptively simple on the outside but bursting with layers of flavor and complexity within—just like the best banh mi. As always, Andrea puts mastery within the reach of any curious cook smart enough to take her advice.”

—Joe Yonan, author of *Eat Your Vegetables*

“Brimming with information, inspiration, and smart advice, this is much more than a sandwich book. Andrea Nguyen once again demonstrates her commendable talent for writing recipes that deliver great tasting food and teach you to become a better cook.”

—Molly Stevens, author of *All About Roasting*

“Andrea perfectly tells the story of how Vietnamese food culture was influenced by French colonials. Her simple recipes elevate very humble ingredients to heights you would not expect. I can’t wait to incorporate some of these ideas into our sandwich menu.”

—Sam Mogannam, owner of Bi-Rite Market

“Through these recipes, Andrea tells her life story. From childhood lunches of silky sausage on toasted baguettes to postmodern banh mi smeared with curried edamame pâté, she sketches the transformation of a sandwich, born of French and Chinese colonization and Vietnamese ingenuity, into a global culinary phenomenon.”

—John T. Edge, author of *The Truck Food Cookbook*

"Lots of tasty riffs on the meaty, pickly, crunchy, saucy, spicy Vietnamese sandwich."

—*Cooking Light*, July 2014

"The banh mi sandwich is itself the product of many miles traveled: the crusty bread brought to Vietnam by French colonists, filled with all the bright, hot, fresh, meaty, intensely tasty elements of the local cuisine. This delicious cultural collision is the subject of "The Banh Mi Handbook: Recipes for Crazy-Delicious Vietnamese Sandwiches" by Andrea Nguyen. . . . it's a master course in banh mi construction, from the bread to the pickles and condiments to every imaginable filling, whether it's pork meatballs or fried oysters or a lipsmacking citrus-marinated grilled chicken you're hankering for."

—*Wall Street Journal*, June 2014

About the Author

ANDREA NGUYEN is a celebrated food writer and teacher whose work appears in the *Los Angeles Times*, *Wall Street Journal*, and *Saveur*, where she is also a contributing editor. Her previous books, including *Into the Vietnamese Kitchen*, *Asian Dumplings*, and *Asian Tofu*, were highly acclaimed and nominated for James Beard and IACP cookbook awards. She lives in the San Francisco Bay Area.

Visit www.vietworldkitchen.com for more.

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Why don't make it to be your habit? Right now, try to ready your time to do the important take action, like looking for your favorite reserve and reading a publication. Beside you can solve your short lived problem; you can add your knowledge by the book entitled The Banh Mi Handbook: Recipes for Crazy-Delicious Vietnamese Sandwiches. Try to make book The Banh Mi Handbook: Recipes for Crazy-Delicious Vietnamese Sandwiches as your buddy. It means that it can for being your friend when you sense alone and beside that course make you smarter than ever before. Yeah, it is very fortunated for yourself. The book makes you considerably more confidence because you can know almost everything by the book. So , let us make new experience along with knowledge with this book.

Katrina Varga:

This The Banh Mi Handbook: Recipes for Crazy-Delicious Vietnamese Sandwiches book is simply not ordinary book, you have it then the world is in your hands. The benefit you have by reading this book is usually information inside this reserve incredible fresh, you will get information which is getting deeper you read a lot of information you will get. This particular The Banh Mi Handbook: Recipes for Crazy-Delicious Vietnamese Sandwiches without we know teach the one who looking at it become critical in imagining and analyzing. Don't always be worry The Banh Mi Handbook: Recipes for Crazy-Delicious Vietnamese Sandwiches can bring any time you are and not make your bag space or bookshelves' grow to be full because you can have it in the lovely laptop even telephone. This The Banh Mi Handbook: Recipes for Crazy-Delicious Vietnamese Sandwiches having very good arrangement in word in addition to layout, so you will not really feel uninterested in reading.

Jim May:

Playing with family in a very park, coming to see the water world or hanging out with pals is thing that usually you could have done when you have spare time, then why you don't try issue that really opposite from that. One activity that make you not experiencing tired but still relaxing, trilling like on roller coaster you are ride on and with addition of knowledge. Even you love The Banh Mi Handbook: Recipes for Crazy-Delicious Vietnamese Sandwiches, you are able to enjoy both. It is excellent combination right, you still would like to miss it? What kind of hangout type is it? Oh can occur its mind hangout folks. What? Still don't obtain it, oh come on its known as reading friends.

Richard Martinez:

Are you kind of stressful person, only have 10 or even 15 minute in your day to upgrading your mind skill or thinking skill possibly analytical thinking? Then you are receiving problem with the book in comparison with can satisfy your small amount of time to read it because this all time you only find guide that need more time to be learn. The Banh Mi Handbook: Recipes for Crazy-Delicious Vietnamese Sandwiches can be your answer since it can be read by you actually who have those short time problems.

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