



# RPSGT Exam Secrets Study Guide: RPSGT Test Review for the Registered Polysomnographic Technologist Examination (Mometrix Secrets Study Guides)

By RPSGT Exam Secrets Test Prep Team

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This **RPSGT study guide** includes RPSGT practice test questions. Our RPSGT study guide contains easy-to-read essential summaries that highlight the key areas of the RPSGT test. Mometrix's RPSGT test study guide reviews the most important components of the RPSGT exam.

The RPSGT Exam is extremely challenging, and thorough test preparation is essential for success. *RPSGT Exam Secrets Study Guide* is the ideal prep solution for anyone who wants to pass the RPSGT.

Not only does it provide a comprehensive guide to the RPSGT Exam as a whole, it also provides practice test questions as well as detailed explanations of each answer.

*RPSGT Exam Secrets Study Guide* includes:

- A detailed overview of the RPSGT Exam
- A breakdown of study performance/instrumentation
- An examination of scoring and data processing
- An in-depth look at performing therapeutic treatment and intervention
- A guide to therapy adherence and management
- Comprehensive practice questions with detailed answer explanations.

It's filled with the critical information you'll need in order to do well on the test: the concepts, procedures, principles, and vocabulary that the Board of Registered Polysomnographic Technologists (BRPT) expects you to have mastered before sitting for the exam.

**The Study Performance/Instrumentation section covers:**

- Collecting and reviewing paperwork

- Patient discharge procedures and follow-up
- Selecting equipment and montage
- Equipment calibration
- Identifying and responding to data issues
- Identifying and responding to physiological data, clinical events, and patient needs
- Identifying and responding to patient needs

**The Scoring and Data Processing section covers:**

- Staging sleep and arousal
- Scoring respiratory events
- Scoring cardiac events
- Generating a report

**The Perform Therapeutic Treatment and Intervention section covers:**

- Treatment and intervention
- Titrating positive airway pressure and oxygen and troubleshooting
- Determining treatment interventions and selecting and fitting masks and interfaces

**The Therapy Adherence and Management section covers:**

- Treatment and intervention
- Patient discharge procedures and follow-up
- Titrating positive airway pressure and oxygen and troubleshooting
- Summarizing and storing data and quality assurance

These sections are full of specific and detailed information that will be key to passing the RPSGT Exam. Concepts and principles aren't simply named or described in passing, but are explained in detail. The guide is laid out in a logical and organized fashion so that one section naturally flows from the one preceding it. Because it's written with an eye for both technical accuracy and accessibility, you will not have to worry about getting lost in dense academic language.

- RPSGT test prep book that provides a comprehensive review for the RPSGT test.
- RPSGT exam prep that will help you elevate your RPSGT test score.
- RPSGT study manual that will reduce your worry about the RPSGT exam.
- RPSGT review book that will help you avoid the pitfalls of RPSGT test anxiety.
- RPSGT practice test questions and much more...

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## Editorial Review

Review

### Our Study Guide for the RPSGT Test Is Unlike Any Other

If you'd like to get the RPSGT test score you deserve, to quit worrying about whether your score on the RPSGT test is "good enough," and to beat the test taking game so you can become a Registered Polysomnographic Technologist (RPSGT), then this might be the most important message you read this year.

Our comprehensive study guide for the Registry Examination for Polysomnographic Technologists is written by our RPSGT test experts, who painstakingly researched the topics and the concepts that you need to know to do your best on the RPSGT Examination. Our original research into the Registered Polysomnographic Technologist (RPSGT) Examination, offered by the Board of Registered Polysomnographic Technologists (BRPT), reveals the specific content areas and the essential skills that are critical for you to know on the RPSGT test. We've taken the information and developed a study guide that is guaranteed to help you be successful on the RPSGT test.

Now, we know you may be skeptical, so let us give you three good reasons we can back up what we claim:

### The Three Reasons To Believe What We Say

#### The First Reason:

Our company's name is Mometrix Test Preparation, and we have a team of standardized test researchers who have worked on developing our study guide for the RPSGT test. The standards for who gets to work on the team are very strict- we demand the best for our customers, and only those who met our exacting standards made the cut. The dedicated research staff have years of combined experience in mastering the content and skills necessary to succeed on the toughest exams.

#### The Second Reason:

Some academic studies have revealed that test takers do not really benefit from the traditional test preparation process. But we knew there had to be a solution- if test takers were not doing well on the RPSGT test despite high intelligence, there had to be a set of secret keys to the test that would open the door of success for these test takers.

We believe we have succeeded in finding the secret keys of the exam. What we found was surprising, and in some cases **ridiculously simple** once explained to the average test taker.

We put the findings together in a thorough, concise study guide that we believe allows any test taker, at any skill level, to **improve his or her results dramatically** with a *minimum of effort*.

#### The Third Reason:

We created the product in part because we were frustrated by the options available to test takers who really wanted to do well on the RPSGT test.

A common approach is to TEACH the material, instead of TEACHING THE TEST. That's not necessarily good enough for the RPSGT test- you have to know how to apply the knowledge. Most test takers already have a general knowledge of the material that will be covered on the exam.

One reason some test takers do well on the day of the test is that they have made the critical connection between the material they learned and how to use the material to succeed on the RPSGT test.

Our guide addresses the difference between merely knowing the material and knowing how to use the material to **perform on test day**.

You're going to save time, money, and aggravation. You'll learn to avoid the mistakes and the bad strategies that you've been vulnerable to. --Just for starters, here are some ways our product can help your score on the RPSGT test...

### **The Exclusive Test Taking Techniques**

- Keys to questions that "give away" the wrong (or right) answers- You get credit for some of the questions without really even knowing anything about them
- Get quick, customized help for the questions you have- just send us a quick email and we'll get back to you promptly with the answer.
- Details the EXACT STUDY PLAN for the RPSGT test that we believe gives the most results in the least time- No matter if you're studying for a week or a month, you won't waste the precious study time you have on useless activities
- Our researchers are more than just academic theoreticians who understand the technical nature of standardized tests, but are also experts on test taking itself- they reveal the exact skills and the information you'll need to perform under pressure during the test.
- A systematic analysis and the best breakdown into "plain language" of how to deconstruct and master the toughest problems- You turn the problems that most of the test takers will stumble over to your advantage
- Learn why, when, and how to guess to your advantage. Many test takers use exactly the wrong strategy, but you can avoid the pitfalls with the help of our standardized test experts
- Includes instructions detailing the best way for you to get started with your preparation efforts so you can begin the path of improving your scores immediately
- The most efficient and accurate method for picking the right answer every time- You won't be scratching your head trying to read the mind of the test question writer, but will instead know exactly what to look for to pick the best answer
- Courteous, unlimited customer service is 100% free- if you need the product emailed to a different address, lose the product, or have any other difficulty- the help you need is just a short email away and our representatives are active 7 days a week helping customers
- The research of our team of test experts is 100% independent and original
- Our exclusive "calibration strategy" to help you never go too fast OR too slow when answering even the toughest questions
- The 5-step process we've developed, what we call the "phased" approach, concerning the use of the various study aids and practice tests
- How the problem of procrastination can kill your chance of success, and the most important thing you can do about it
- How to know when you've studied as much as you need to for the exam- and the reason why we think some people should spend LESS time studying for the test
- The Top 20 things you should take care of within 24 hours of taking the test- use the list we provide as a checklist to make sure you've taken care of the "little things" in addition to studying hard

- How to predict the right answer before you see the answer choices- and how to prevent the wrong answers from "polluting" your mind and tempting you into a trap designed by the test writers
- Why answers that "sound" correct are often the very ones that are wrong- and how to tell the difference between the right answer and the many clever-sounding traps set for you by the test writers
- Our "benchmark" method for deciding which of the answer choices you should pick
- How some of the random bits of information in a question often "give away" the right answer choice
- How to "milk the question" for clues to the right answer even if you have no idea what the question is asking about
- How to avoid panicking when you don't know the answer to a question- we offer a systematic method that will serve as the "lifeline" you need to minimize the time wasted on the test questions that leave you stumped --
- What to do about the tough questions that you have no clue how to answer- don't just give up, use the advice we offer to make sure you give yourself the best chance of getting the right answer
- How to use our brainstorming method to get "inside the question" and reveal the hard-to-find clues and some of the subtle things you didn't realize you knew
- Do you know what a "hedge phrase" is? Learn why looking for the key "weasel words" in the question can help identify the correct answer
- Why "new information" in the answer choices almost always means that the answer choice is wrong- and the way to avoid this trick planted by the clever test writers
- Learn to avoid this time-draining mistake on the test - why the technical terms you don't know can be a major stumbling block and waste precious time, and the way that you can work around them
- The secret to using the contextual clues in the questions and the answer choices to make important distinctions between the right and the wrong answer choices
- The two situations where you should NOT check your answers thoroughly
- How to avoid careless mistakes by using the quick "double check" system. It will more than pay for itself relative to the time it will take you
- Test writers will often quote directly from the question in an answer- learn whether this is something you should trust or avoid
- Why "extreme statements" in the answer choices are dead giveaways for wrong answers- find out how to detect the subtle differences between reasonable answers and the answers that are almost always wrong
- Learn how to group your answer choices into "families" that often narrows down the pool of correct answers- this is a quick way to immediately eliminate one or two of the answer choices and increase your odds of getting the question right

Now, you're probably wondering how and why we can do all the things we claim.

Let us explain.

Before we go any further, let us clarify what *RPSGT Exam Secrets* is not. It is not a stale rehash of all of the things you have already learned in the past.

*RPSGT Exam Secrets* is our exclusive collection of the tips and the information that we have specially selected to give you the best results on the RPSGT test for the least time spent studying. It's written in everyday language and is easy to use.

We cover the **5 essential skills** necessary to do well on the RPSGT test, plus **comprehensive reviews** covering all of the essential test sections individually.

**Don't take our word for it. Listen to what our customers say about other Mometrix test preparation**



## **products.**

I purchased the Secrets file, and I just wanted to let you know that I got a 99% on my test. I just want to thank you again, and hope you have continued success in your ventures. Sincerely, Paul L.

My name is Chris. I used the Secrets study guide for five days. The study guide made the test so easy to understand. Like you said this program is worth 100's of dollars. To me 1,000's!! THANKS, Chris G.

I just had to thank you guys for the test prep! I bought the guide as a last minute prep, I mean maybe 5 hours before the test. Like I said, I had ZERO preparation! I was nervous about the test let alone receiving the score I needed. I read the guide through only once before test time and needless to say, the only way I passed was thanks to your refresher!! Brian

I heard about your website from a friend. I am enrolled in a review course, and in hindsight, I wish I wouldn't have taken my review course and instead spent a fraction of the money on your program. Thank you! Zac L.

**You get at least 10 times your money's worth!** --When you consider what's at stake with the exam, we believe the value of our study guide gives you at least ten times your money's worth.

## **Users Review**

### **From reader reviews:**

#### **Mary Ehlers:**

Book is written, printed, or outlined for everything. You can know everything you want by a reserve. Book has a different type. We all know that that book is important matter to bring us around the world. Beside that you can your reading skill was fluently. A guide RPSGT Exam Secrets Study Guide: RPSGT Test Review for the Registered Polysomnographic Technologist Examination (Mometrix Secrets Study Guides) will make you to end up being smarter. You can feel considerably more confidence if you can know about almost everything. But some of you think which open or reading some sort of book make you bored. It is not make you fun. Why they are often thought like that? Have you in search of best book or suitable book with you?

#### **Scott Croft:**

This RPSGT Exam Secrets Study Guide: RPSGT Test Review for the Registered Polysomnographic Technologist Examination (Mometrix Secrets Study Guides) book is not ordinary book, you have it then the world is in your hands. The benefit you obtain by reading this book will be information inside this publication incredible fresh, you will get details which is getting deeper anyone read a lot of information you will get. This kind of RPSGT Exam Secrets Study Guide: RPSGT Test Review for the Registered Polysomnographic Technologist Examination (Mometrix Secrets Study Guides) without we realize teach the one who studying it become critical in contemplating and analyzing. Don't end up being worry RPSGT Exam Secrets Study Guide: RPSGT Test Review for the Registered Polysomnographic Technologist Examination (Mometrix Secrets Study Guides) can bring once you are and not make your tote space or bookshelves' turn out to be full because you can have it inside your lovely laptop even phone. This RPSGT Exam Secrets Study Guide: RPSGT Test Review for the Registered Polysomnographic Technologist Examination (Mometrix Secrets Study Guides) having fine arrangement in word as well as layout, so you will not feel uninterested in reading.

**Kenneth Kan:**

Spent a free time for you to be fun activity to complete! A lot of people spent their sparetime with their family, or their particular friends. Usually they accomplishing activity like watching television, going to beach, or picnic in the park. They actually doing same task every week. Do you feel it? Will you something different to fill your own personal free time/ holiday? Could be reading a book may be option to fill your cost-free time/ holiday. The first thing that you ask may be what kinds of reserve that you should read. If you want to try look for book, may be the reserve untitled RPSGT Exam Secrets Study Guide: RPSGT Test Review for the Registered Polysomnographic Technologist Examination (Mometrix Secrets Study Guides) can be great book to read. May be it is usually best activity to you.

**Kirk Mathews:**

That book can make you to feel relax. This book RPSGT Exam Secrets Study Guide: RPSGT Test Review for the Registered Polysomnographic Technologist Examination (Mometrix Secrets Study Guides) was colorful and of course has pictures on the website. As we know that book RPSGT Exam Secrets Study Guide: RPSGT Test Review for the Registered Polysomnographic Technologist Examination (Mometrix Secrets Study Guides) has many kinds or genre. Start from kids until teens. For example Naruto or Private eye Conan you can read and believe you are the character on there. Therefore not at all of book are generally make you bored, any it makes you feel happy, fun and unwind. Try to choose the best book to suit your needs and try to like reading that.

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