



Pronoia Is the Antidote for Paranoia: How the Whole World Is Conspiring to Shower You with Blessings

By Rob Breznsny

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Human beings are selfish, small-minded, violence-prone savages, civilization is a blight on the earth, and the rising tide of chaos ensures that everything's going to fall apart any day now. Right? Wrong, says Rob Breznsny. In *Pronoia Is the Antidote to Paranoia*, he declares evil is boring, the universe is friendly, and life is a sublime gift created for our amusement and illumination. This buoyant perspective is not rooted in denial. On the contrary, Breznsny builds a case for a "cagey optimism" that does not require a repression of difficulty, but rather, seeks a vigorous engagement with it. The best way to attract the blessings that the world is conspiring to give us, he insists, is to dive into the most challenging mysteries. This witty, inspiring how-to shows how any reader can become "a wildly disciplined, fiercely tender . . . lustfully compassionate Master of Rowdy Bliss."

The newly revised and significantly expanded—by more than a hundred pages—edition of *Pronoia* is now available (ISBN: 978-1-55643-818-9).

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Editorial Review

Review

"I've seen the future of American literature and its name is Rob Brezsny."

- Tom Robbins, author of *Another Roadside Attraction*, *Jitterbug Perfume*, and *Fierce Invalids Home from Hot Climates*

"Brilliant! Absorbing! Wildly useful! Rob Brezsny gets my nomination for best prophet in a starring role. He's a script doctor for the soul."

-Marisa Tomei, Academy Award-winning actress

"I am deeply inspired by the illuminated words of Rob Brezsny. He is a word wizard for the soul."

-SARK, bestselling author of *Succulent Wild Woman* and many other books

"What's amazing is how Brezsny's prose remains invigorating in the transition from weekly astrology to larger scope writing. The prose is still poetic, circular, almost dancing, combining the narrative voices of Anais Nin, Tom Robbins, David Ignatow, and a host of ancient mystics."

-Rain Taxi

"Brezsny holds his own place next to other cultural shamans such as Robert Anton Wilson, Timothy Leary, Reverend Ivan Stang, William S. Burroughs, and Ken Kesey."

-PopMatters

"Like a mutant love-child of Jack Kerouac and Anais Nin, Rob Brezsny writes with devilish humor, spiritual audacity, and erotic intensity. The *Televisionary Oracle* is a kick-ass gnostic tale. Prepare to be astonished."

-Jay Kinney, author of *Hidden Wisdom*

"A book so weird it might drive you stark raving sane."

-Robert Anton Wilson

About the Author

Rob Brezsny writes "Free Will Astrology," a syndicated weekly column that reaches nine million readers in over 100 publications, including the *Village Voice*, where it has appeared every week since January 1999. It is also published on his website, www.freewillastrology.com, and is distributed through a weekly email newsletter with 26,500+ subscribers.

When *Utne Reader* named Brezsny a "Culture Hero," it observed: "With a blend of spontaneous poetry, feisty politics, and fanciful put-on, Brezsny breathes new life into the tabloid mummy of zodiac advice columns."

In its profile of Brezsny, *The New York Times* quoted a reader who compared his writing to that of Tom Robbins. The horoscopes "are like little valentines, buoyant and spilling over with mischievousness. They're a soul prognosis."

Before his other book, *The Televisionary Oracle*, Brezsny's enduring artistic artifacts were music albums, one created as a solo artist and three with the band World Entertainment War, which recorded for MCA.

World Entertainment War's albums was nominated for a "Bammie," California's version of the Grammys, and benefited from the promotional wizardry of rock's top impresario, Bill Graham, who managed World Entertainment War until his death.

Users Review

From reader reviews:

Steven Huckins:

In this 21st hundred years, people become competitive in each and every way. By being competitive right now, people have do something to make all of them survives, being in the middle of the particular crowded place and notice through surrounding. One thing that occasionally many people have underestimated it for a while is reading. That's why, by reading a book your ability to survive increase then having chance to remain than other is high. To suit your needs who want to start reading a new book, we give you that Pronoia Is the Antidote for Paranoia: How the Whole World Is Conspiring to Shower You with Blessings book as basic and daily reading reserve. Why, because this book is greater than just a book.

Steven Stockton:

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Hubert Macarthur:

A lot of people always spent all their free time to vacation or perhaps go to the outside with them loved ones or their friend. Do you realize? Many a lot of people spent many people free time just watching TV, or perhaps playing video games all day long. If you would like try to find a new activity honestly, that is look different you can read any book. It is really fun for yourself. If you enjoy the book that you just read you can spent all day long to reading a guide. The book Pronoia Is the Antidote for Paranoia: How the Whole World Is Conspiring to Shower You with Blessings it is extremely good to read. There are a lot of folks that recommended this book. These folks were enjoying reading this book. Should you did not have enough space to bring this book you can buy the particular e-book. You can m0ore simply to read this book through your smart phone. The price is not very costly but this book provides high quality.

Wanda Riddle:

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