



Zen: The Perfect Companion

By Seung Sahn

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Zen combines hundreds of traditional kong-ans with vivid artwork, in a unique volume exploring the crucial balance between the self and the world.

The kong-ans, selected from the work of an eminent Zen Master, encompass not only Chinese and Korean Zen, but also the Zen of Lao-tzu and even the Christian tradition. Original Chinese calligraphy and ornamental line art adorn every page, and are augmented by a dozen full-color photographs upon which to meditate. Packaged with a beautiful satin-bound cover and clasp.

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Editorial Review

About the Author

Seung Sahn is a contributor for Black Dog & Leventhal titles including: "Zen".

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