

# The Liar in Your Life: The Way to Truthful Relationships

By Robert Feldman



### **The Liar in Your Life: The Way to Truthful Relationships** By Robert Feldman

In *The Liar in Your Life*, psychology professor Robert Feldman, one of the world's leading authorities on deception, draws on his immense body of knowledge to give fresh insights into how and why we lie, how our culture has become increasingly tolerant of deception, the cost it exacts on us, and what to do about it. His work is at once surprising and sobering, full of corrections for common myths and explanations of pervasive oversimplifications.

Feldman examines marital infidelity, little white lies, career-driven resumé lies, and how we teach children to lie. Along the way, he reveals-despite our beliefs to the contrary- how it is nearly impossible to spot a liar (studies have shown no relationship between nervousness, lack of eye contact, or a trembling voice, and acts of deception). He also provides startling evidence of just how integral lying is to our culture; indeed, his research shows that two people, meeting for the first time, will lie to each other an average of three times in the first ten minutes of a conversation.

Feldman uses this discussion of deception to explore ways we can cope with infidelity, betrayal, and mistrust, in our friends and family. He also describes the lies we tell ourselves: Sometimes, the liar in your life is the person you see in the mirror. With incisive clarity and wry wit, Feldman has written a truthful book for anyone who whose life has been touched by deception.





### The Liar in Your Life: The Way to Truthful Relationships

By Robert Feldman

#### The Liar in Your Life: The Way to Truthful Relationships By Robert Feldman

In *The Liar in Your Life*, psychology professor Robert Feldman, one of the world's leading authorities on deception, draws on his immense body of knowledge to give fresh insights into how and why we lie, how our culture has become increasingly tolerant of deception, the cost it exacts on us, and what to do about it. His work is at once surprising and sobering, full of corrections for common myths and explanations of pervasive oversimplifications.

Feldman examines marital infidelity, little white lies, career-driven resumé lies, and how we teach children to lie. Along the way, he reveals-despite our beliefs to the contrary- how it is nearly impossible to spot a liar (studies have shown no relationship between nervousness, lack of eye contact, or a trembling voice, and acts of deception). He also provides startling evidence of just how integral lying is to our culture; indeed, his research shows that two people, meeting for the first time, will lie to each other an average of three times in the first ten minutes of a conversation.

Feldman uses this discussion of deception to explore ways we can cope with infidelity, betrayal, and mistrust, in our friends and family. He also describes the lies we tell ourselves: Sometimes, the liar in your life is the person you see in the mirror. With incisive clarity and wry wit, Feldman has written a truthful book for anyone who whose life has been touched by deception.

#### The Liar in Your Life: The Way to Truthful Relationships By Robert Feldman Bibliography

Sales Rank: #718481 in BooksPublished on: 2010-08-09Original language: English

• Number of items: 1

• Dimensions: 9.02" h x .71" w x 5.98" l, .74 pounds

• Binding: Paperback

• 320 pages

**▶ Download** The Liar in Your Life: The Way to Truthful Relatio ...pdf

Read Online The Liar in Your Life: The Way to Truthful Relat ...pdf

### Download and Read Free Online The Liar in Your Life: The Way to Truthful Relationships By Robert Feldman

#### **Editorial Review**

#### Review

"Bob Walter adds his own pizzazz in his narration. With an approach that is arresting but not alarming, you can feel the drama as he delivers examples of lies that occur in personal, government, media, and business arenas. His vocal centeredness helps him engage with the book's exposé approach and make listeners pay attention without making them feel manipulated." (*AudioFile* )

#### About the Author

A Fellow of both the American Psychological Association and Association for Psychological Science, Robert Feldman's research has examined lying and everyday deception for over 25 years. His studies have been supported by grants from the U.S. National Institute of Mental Health and the National Institute on Disabilities and Rehabilitation Research.

#### From AudioFile

A psychology professor with a knack for storytelling shows how pervasive lying is and what to do about it. An authority on deception, he draws on the latest research and expert opinion and applies enough of his intellectual pizzazz to make this massive body of knowledge come across as enjoyable and accessible. Bob Walter adds his own pizzazz in his narration. With an approach that is arresting but not alarming, you can feel the drama as he delivers examples of lies that occur in personal, government, media, and business arenas. His vocal centeredness helps him engage with the book's exposé approach and make listeners pay attention without making them feel manipulated. T.W. Winner of AudioFile Earphones Award © AudioFile 2009, Portland, Maine

#### **Users Review**

#### From reader reviews:

#### **Pearl Norris:**

In other case, little individuals like to read book The Liar in Your Life: The Way to Truthful Relationships. You can choose the best book if you love reading a book. Given that we know about how is important some sort of book The Liar in Your Life: The Way to Truthful Relationships. You can add information and of course you can around the world by the book. Absolutely right, due to the fact from book you can learn everything! From your country until finally foreign or abroad you will find yourself known. About simple matter until wonderful thing it is possible to know that. In this era, you can open a book or searching by internet unit. It is called e-book. You can use it when you feel uninterested to go to the library. Let's examine.

#### **Herman Hernandez:**

Book is to be different for every grade. Book for children till adult are different content. To be sure that book is very important for people. The book The Liar in Your Life: The Way to Truthful Relationships has been making you to know about other know-how and of course you can take more information. It is very advantages for you. The e-book The Liar in Your Life: The Way to Truthful Relationships is not only giving

you much more new information but also to become your friend when you feel bored. You can spend your own spend time to read your publication. Try to make relationship together with the book The Liar in Your Life: The Way to Truthful Relationships. You never truly feel lose out for everything in case you read some books.

#### **Lori Gravitt:**

Beside this specific The Liar in Your Life: The Way to Truthful Relationships in your phone, it can give you a way to get more close to the new knowledge or info. The information and the knowledge you can got here is fresh from your oven so don't be worry if you feel like an old people live in narrow village. It is good thing to have The Liar in Your Life: The Way to Truthful Relationships because this book offers for you readable information. Do you occasionally have book but you don't get what it's all about. Oh come on, that will not happen if you have this with your hand. The Enjoyable agreement here cannot be questionable, including treasuring beautiful island. So do you still want to miss that? Find this book as well as read it from currently!

#### **Duane Harden:**

A lot of e-book has printed but it differs from the others. You can get it by internet on social media. You can choose the most beneficial book for you, science, comic, novel, or whatever simply by searching from it. It is known as of book The Liar in Your Life: The Way to Truthful Relationships. You can contribute your knowledge by it. Without leaving the printed book, it might add your knowledge and make an individual happier to read. It is most critical that, you must aware about publication. It can bring you from one location to other place.

Download and Read Online The Liar in Your Life: The Way to Truthful Relationships By Robert Feldman #FYG59ZEQVD4

### Read The Liar in Your Life: The Way to Truthful Relationships By Robert Feldman for online ebook

The Liar in Your Life: The Way to Truthful Relationships By Robert Feldman Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read The Liar in Your Life: The Way to Truthful Relationships By Robert Feldman books to read online.

## Online The Liar in Your Life: The Way to Truthful Relationships By Robert Feldman ebook PDF download

The Liar in Your Life: The Way to Truthful Relationships By Robert Feldman Doc

The Liar in Your Life: The Way to Truthful Relationships By Robert Feldman Mobipocket

The Liar in Your Life: The Way to Truthful Relationships By Robert Feldman EPub

FYG59ZEQVD4: The Liar in Your Life: The Way to Truthful Relationships By Robert Feldman