

### The Invisible Bond: How to Break Free from **Your Sexual Past**

By Barbara Wilson



The Invisible Bond: How to Break Free from Your Sexual Past By Barbara Wilson

Get Untied from Your Past Sex is like glue. Super human glue. Inside marriage, God designed it to be a bond that is powerful and unifying. Outside of marriage, the bonds of sex can be devastating. Long after the lover is gone, the bond we've created stays with us, negatively impacting our lives and future relationships. Now, through an impressive combination of Scripture and scientific research, Barbara Wilson shows how God designed us to be uniquely bonded through sex. But even more so, she concentrates on the tangible hope that is yours. This book will equip you not only to break those bonds, but to embrace a new, abandoned, wise, and thankful heart.



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#### **Editorial Review**

About the Author

Barbara Wilson is the abstinence educator and director for faith-based Alternatives Pregnancy Resource Center in Sacramento, California. She has written several curricula, and her messages on abstinence and sexual bonding are heard by approximately two thousand adults and teens per year. Barbara's monthly newsletter, PURE IMPACT, equips and informs teens, parents, and youth workers with the latest facts and trends among teens regarding sex and relationships. She and her husband, Eric, are active members of Bayside Covenant Church in Granite Bay, California, and have four children.

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#### **Carol Williams:**

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