



# Life Is What You Make It

*By Carl Mathis*

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## Life Is What You Make It By Carl Mathis

Carl Mathis wasn't prepared for the devastation the loss of his wife would bring to his life. He soon found himself grieving, struggling to make ends meet, and trying to raise his sons, who were also dealing with personal turmoil from the loss of their mother. After months of waiting for someone to rescue him, Carl had to face the inevitable truth--no one was coming. He realized that if he wanted out of the mess his life was becoming, he was going to have to do it himself. Join new author Carl Mathis in this motivational story about one man's struggle to put his life back together. Life Is What You Make It will teach you how to overcome any crippling situation you find yourself in and stimulate personal and spiritual growth by accepting the situation, taking responsibility, conditioning your mind, choosing to make right decisions, building a team, believing, and defining the new normal.

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## **Life Is What You Make It** By Carl Mathis Bibliography

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### Editorial Review

#### Review

Life Is What You Make It teaches life lessons and would be a great read for people of all ages who are seeking inspiration and motivation. Carl speaks with a voice of experience.' --Deena Marie Beresford, Director of Library Service, Academic Institution

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