



# Bobbi Brown Teenage Beauty: Everything You Need to Look Pretty, Natural, Sexy and Awesome

By Bobbi Brown, Annemarie Iversen

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## Bobbi Brown Teenage Beauty

*Bobbi Brown Teenage Beauty* is the ultimate beauty guide for young women. It takes the mystery out of all those confusing rituals so that you can figure out how to feel happier and more relaxed about your looks. You'll look your prettiest!

Your teen years are the most emotionally charged of your life. Your body's developing at a rapid pace, your skin changes from day to day, and your hormones are raging (in case you didn't notice). Everything in your life is in total flux. Bobbi's mission is to help boost your self-esteem and confidence. By listening to Bobbi's straightforward and useful beauty principles, you'll gain a sense of control over your body, your looks, and your life. Bobbi's hip, no-nonsense, and timeless advice covers such real teen problems and issues as:

Zits! - Being Overweight - Braces - Beauty School 101 Eight Simple Steps to a Pretty, Natural Makeup Look - Preteen Basics - Prom Beauty - Global Beauty - Mother-Daughter Beauty - Rock 'n' Roll Babes: Hip Beauty Style - Go for It: Experimental Beauty

Written with sensitivity to help you navigate the difficult self-image issues that you face, *Bobbi Brown Teenage Beauty* empowers you to discover and celebrate your own unique, natural beauty. This fresh and honest makeup guide is your ultimate source for advice, tips, and lessons for achieving beauty inside and out.

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- Sales Rank: #62600 in Books
- Brand: William Morrow Paperbacks
- Published on: 2001-10-02
- Released on: 2001-10-02
- Original language: English
- Number of items: 1
- Dimensions: 9.25" h x .55" w x 7.38" l, 1.20 pounds
- Binding: Paperback
- 224 pages

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### Editorial Review

#### Amazon.com Review

Teenage girls often want sensitive answers to tricky questions about their skin, hair, makeup, and bodies. Well, Bobbi Brown's your woman! Beauty editor of the NBC *Today* show and coauthor with Annemarie Iverson of *Bobbi Brown Beauty*, Brown's hope is that teen girls will learn to recognize their own natural beauty and simply bring it out with makeup and healthy living. She specializes in the "makeunder," insisting that makeovers "tend to involve lots of makeup and a masking of who you really are." *Teenage Beauty* is "the ultimate beauty guide for young women. It takes the mystery out of all those confusing rituals so that you can figure out how to feel happier and more relaxed about your looks." Thirty chapters, packed with close-up photos of regular, everyday girls (as well as one or two celebrities!) include titles like "Zits!" "I Hate My \_\_\_," "The Perfect Makeup Kit," "Smelling Good/Smelling Bad," "Rock 'n' Roll Babes: Hip Beauty Style," and "Global Beauty." Brown devotes one chapter each to African American, Latin American, and Asian American teen beauty. A thoroughly positive, upbeat style aims to make every girl see and accentuate her own individual beauty. --*Emilie Coulter*

#### From School Library Journal

YA-Brown and Iverson give teens basic beauty tips and a large boost to their self-esteem. They set the tone with "makeunders," before-and-after color photos of young people in which a very limited amount of makeup has been applied to highlight their naturalness, and with advice that begins in bold, hot-pink letters: "YOU SHOULD STAND OUT, NOT YOUR MAKEUP." The advice is broken down into lists and bullets and accompanied by diagrams and photos. The authors stress the importance of diet and exercise. There are chapters for African Americans, Latin Americans, Asian Americans, and "Global Beauties." Later chapters give more recommendations for teens who are athletes and those hoping to be models. An index of resources provides ideas on where to buy beauty products, advice on going to a dermatologist, and general thoughts on weight loss. Brown's own line of beauty products are not mentioned in the body of the book, but merely listed as a Web site in the index. Sound, supportive, and conservative beauty advice that teens (and their parents) will love.

*Jane S. Drabkin, Potomac Community Library, Woodbridge, VA*

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#### About the Author

Bobbi Brown is an internationally renowned makeup artist and CEO of Bobbi Brown Cosmetics. Her products are sold in more than 400 stores and twenty countries worldwide. In addition to creating cover looks for magazines and making up models for fashion shows, Bobbi is the exclusive beauty editor of NBC's *Today Show* and a frequent guest on the E! and Style channels. She is the coauthor of *Bobbi Brown Beauty* and *Bobbi Brown Teenage Beauty*. She lives in New Jersey with her husband and three sons.

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#### Lisa Streeter:

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