

The Mismeasure of Woman

By Carol Tavris



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When "man is the measure of all things," woman is forever trying to measure up. In this enlightening book, Carol Tavris unmasks the widespread but invisible custom -- pervasive in the social sciences, medicine, law, and history -- of treating men as the normal standard, women as abnormal. Tavris expands our vision of normalcy by illuminating the similarities between women and men and showing that the real differences lie not in gender, but in power, resources, and life experiences.

Winner of the American Association for Applied and Preventive Psychology's Distinguished Media Contribution Award



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Editorial Review

From Publishers Weekly

"Men are normal, women are deficient" is the tacit message our culture instills, asserts California social psychologist Taviris. In a valuable, enlightening roadmap to sanity for women and men, she argues that there is far more substantial evidence for similarity between the sexes than for differences. She refutes ecofeminists and other theorizers who claim that women are more empathic and peace-loving than men. She disputes feminist historians who argue on shaky grounds for worldwide prehistoric matriarchies centered on Mother Goddess worship; she debunks feminist psychoanalysts who, she says, reinforce Freud's notion that men and women are inevitably worlds apart psychologically. Rejecting the notion that women are less sexual, Tavris deflates the stereotype of the "coy female" propagated in sociobiology and pop psychology texts. Her lively study explores how society "pathologizes" women though psychiatric diagnoses, sexist divorce rulings and images of females as "moody," "self-defeating" or "unstable." She also presents evidence that women's expectations about premenstrual syndrome, a stigmatizing label for a natural set of bodily changes, may actually influence their symptoms. First serial to Redbook, Mademoiselle, Woman's Day and Self; BOMC and QPB alternates; author tour.

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From Library Journal

Tavris, a social psychologist best known for Anger (LJ 1/1/83) presents a considered and comprehensive analysis of how women are measured against men in society. She examines why women are not inferior, superior, or the same as men. Comparisons have led to labeling men as "normal" and women who do not perform physically, sexually, mentally, or emotionally like them as "abnormal." Tavris argues that the costs of these measurements have been, and continue to be, substantial for women. She also presents careful and convincing critiques of Carol Gilligan, author of In a Different Voice (Harvard Univ. Pr., 1982) and other works on the psychology of women such as codependency, and the Diagnostic and Statistical Manual of Mental Disorders. Tavris articulates and synthesizes convoluted philosophical arguments easily. The result is an accessible, thorough, and enjoyable feminist overview of women in society. Recommended for public and academic libraries. Previewed in Prepub Alert, LJ 11/15/91.

- Melody Burton, York Univ. Libs., Toronto

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From Kirkus Reviews

Social psychologist Tavris (Anger: The Misunderstood Emotion, 1983) unveils society's systemic and often unconscious definition of the male as the norm against which women must measure up or be found deficient-a provocative and thought-provoking look at how sexism persists today. That women have lower self-esteem than men, are less self- confident, are more likely to repress their anger, and are more open to their feelings: these are societal truisms analyzed in every women's magazine in the country, Tavris says, as she points out that the question of how women compare to men has long held scientific researchers, doctors, psychologists and, today, cultural feminists in thrall. What is nearly always missed in such comparisons, the author adds, is that women are being compared, positively or negatively, to a male ``norm"--thus advancing an erroneous assumption of ``opposites" and, in negative comparisons, pathologizing normal female ways of being. Illustrating her premise by pointing out the unlikelihood of finding a bookstore filled with manuals aimed at helping men overcome their tendency to be more conceited than women, to assess their abilities less realistically than women, or to have more difficulty than women in maintaining attachments, Tavris analyzes how the treatment of normal female processes as abnormal (physical reactions to menstruation become a ``syndrome" that debilitates; women floundering under society- caused difficulties combining child care and

work are diagnosed as ``depressed"; workers' time off for pregnancies is shoved into the category of ``disability leave"; cultural feminists' belief in women's ``natural" superiority allows men to proceed, unquestioned, with their own ``natural" careerist lives) cripple efforts toward true equality and mutual enhancement between the sexes. Greater awareness of the diversity of ``normal" human behaviors is needed, Tavris says, if we are to view one another with unblinkered eyes. The author's unusual ability to winnow out such deeply imbedded errors in thinking makes this an especially important, stimulating, and timely work, and an excellent complement to Susan Faludi's Backlash (1991). -- Copyright ©1992, Kirkus Associates, LP. All rights reserved.

Users Review

From reader reviews:

Teresa Raap:

Spent a free the perfect time to be fun activity to do! A lot of people spent their sparetime with their family, or all their friends. Usually they carrying out activity like watching television, about to beach, or picnic from the park. They actually doing same task every week. Do you feel it? Would you like to something different to fill your free time/ holiday? Can be reading a book may be option to fill your free of charge time/ holiday. The first thing that you will ask may be what kinds of reserve that you should read. If you want to attempt look for book, may be the book untitled The Mismeasure of Woman can be fine book to read. May be it may be best activity to you.

Irene Allen:

A lot of people always spent their particular free time to vacation or maybe go to the outside with them family or their friend. Are you aware? Many a lot of people spent they will free time just watching TV, or perhaps playing video games all day long. If you wish to try to find a new activity here is look different you can read the book. It is really fun for you. If you enjoy the book that you simply read you can spent all day every day to reading a reserve. The book The Mismeasure of Woman it doesn't matter what good to read. There are a lot of people who recommended this book. These people were enjoying reading this book. When you did not have enough space to create this book you can buy the particular e-book. You can m0ore simply to read this book from your smart phone. The price is not too expensive but this book offers high quality.

Rose Miller:

Is it an individual who having spare time then spend it whole day by simply watching television programs or just telling lies on the bed? Do you need something new? This The Mismeasure of Woman can be the respond to, oh how comes? It's a book you know. You are and so out of date, spending your extra time by reading in this new era is common not a nerd activity. So what these guides have than the others?

Gloria Lafreniere:

That book can make you to feel relax. That book The Mismeasure of Woman was colorful and of course has pictures around. As we know that book The Mismeasure of Woman has many kinds or type. Start from kids

until young adults. For example Naruto or Private eye Conan you can read and think that you are the character on there. So, not at all of book are make you bored, any it can make you feel happy, fun and loosen up. Try to choose the best book for you personally and try to like reading which.

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