



Myofascial Release: The Search for Excellence--A Comprehensive Evaluatory and Treatment Approach (A Comprehensive Evaluatory and Treatment Approach)

By John F. Barnes

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The fascial system surrounds, infuses with, and has the potential to influence every muscle, bone, nerve blood vessel, organ and cell of the body. This book is about treatment of the fascial system. This book offers explanations of how myofascial release works so consistently and effectively; to suggest a new expanded model of how the body functions; to describe the characteristics of the fascial system; and to provide healthcare providers with excellent techniques that will allow them to treat the whole person.

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Editorial Review

About the Author

John F. Barnes, PT graduate of the University of Pennsylvania, is the President and Director of the Myofascial Release Treatment Centers and Seminars. Through his 45 years of experience and creative insight he has developed this innovative whole-body Myofascial Release Approach for the evaluation and treatment of pain and dysfunction. He has trained over 75,000 healthcare professionals in his Approach and operates two Myofascial Release Treatment Centers, Malvern, Pennsylvania and Sedona, Arizona where patients/clients are seen from around the world for the resolution of complex problems that have failed to respond to traditional methods of treatment.

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