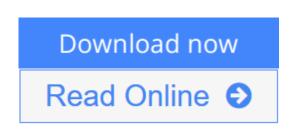


# Games for Mastering Fear: How to Play the Game of Life with a Calm Confidence

By L. Michael Hall



#### Games for Mastering Fear: How to Play the Game of Life with a Calm Confidence By L. Michael Hall

Provides you with all the tools you need for taking charge of your life, your emotions, your choices, and your fears, in a healthy, balanced, and ecological manner. If you have fear in your life then reading this book may well change your life. If you are a counselor, therapist, coach, or business consultant then this book will provide you with the resources to assist in helping your clients manage the fear that may limit their choices.

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## Games for Mastering Fear: How to Play the Game of Life with a Calm Confidence By L. Michael Hall Bibliography

- Sales Rank: #1418125 in Books
- Published on: 2001-08-01
- Original language: English
- Number of items: 1
- Dimensions: 8.24" h x .77" w x 6.38" l, .93 pounds
- Binding: Paperback
- 312 pages

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